

# HARFORD COUNTY SENIOR CENTERS ACTIVITIES CALENDAR - JULY 2019

Date	Event	Day/Time	Senior Center
<b>ALL HARFORD COUNTY SENIOR CENTERS WILL BE CLOSED FRIDAY, JULY 4 FOR INDEPENDENCE DAY</b>			
<b>Weekly/Monthly Edgewood Activity Center</b>			
Weekly at Edgewood	Adult Coloring Studio	Fridays 10:00-12:00 p.m.	Edgewood
Weekly at Edgewood	Badminton   Open Play - All Levels Edgewood Recreation & Community Center 1980 Brookside Drive, Edgewood	Thursdays 1:30-3:30 p.m.	Edgewood
Weekly at Edgewood	Billiards   Open play daily on two tables	Monday-Friday 8:30 a.m.-3:30 p.m.	Edgewood
Monthly at Edgewood	Blood Pressure & Health Screenings   Conducted by UM Upper Chesapeake HealthLink Nursing staff. July: Osteoporosis Screening.	1st Monday 9:30-11:30 a.m.	Edgewood
Monthly at Edgewood	Book Club   Facilitated by Harford County Public Library staff. This month's selection: <i>The Seven Deaths of Evelyn Hardcastle</i> by Stuart Burton.	4th Tuesday 10:30-11:30 a.m.	Edgewood
Weekly at Edgewood	Chair Volleyball Casual, seated play with a beach ball - just for fun!	Wednesdays 12:45-1:45 p.m.	Edgewood
Weekly at Edgewood	Computer Lab   Availability may vary when classes are in session. Call center to confirm schedule, 410-612-1622	Monday-Friday 8:30 a.m.-3:30 p.m.	Edgewood
Weekly at Edgewood	Diabetes Support Group - Twice monthly with Terri Broemm, RN, UM Upper Chesapeake HealthLink (2nd Wed.) & Diana Romano, RDN (4th Wed.).	2nd & 4th Wednesday 10:00-11:00 a.m.	Edgewood
Monthly at Edgewood	Family Feuds - <b>Advance sign-up required.</b>	3rd Thursday 12:30-1:30 p.m.	Edgewood
Weekly at Edgewood	Fitness Room   Edgewood Recreation & Comm. Center 1980 Brookside Dr., Edgewood. Call center for optional fitness center orientation schedule - 410-612-1622	Monday-Friday 8:30 a.m.-3:30 p.m.	Edgewood
Monthly at Edgewood	Fun After 50 Club   <b>Club membership and annual dues required.</b> See club officers before meeting for info.	1st Friday 12:30-1:30 p.m.	Edgewood
Weekly at Edgewood	Pickleball   Open play - All Levels Edgewood Recreation & Community Center 1980 Brookside Dr., Edgewood	Monday & Tuesday 1:30-3:30 p.m. Wednesday 11:30 a.m.-3:30 p.m. Fri.-10:30 a.m.-3:30 p.m.	Edgewood
Monthly at Edgewood	Silver Reader   Mobile Harford County Public Library	Every 3rd Tuesday 11:15 a.m.-12:15 p.m.	Edgewood
Weekly at Edgewood	Table Tennis Edgewood Recreation & Community Center 1980 Brookside Dr., Edgewood	Mon. , Wed. & Fri. 10:30 a.m.-2:30 p.m.	Edgewood

**Barry Glassman**  
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**Amber Shrodes**  
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## Weekly/Monthly Fallston Activity Center

Weekly at Fallston	Basketball	Tuesdays 11:30 a.m.-3:15 p.m. Fridays 9:00 a.m.-12:30 p.m.	Fallston
Weekly at Fallston	Billiards	Monday-Friday 8:30 a.m.-3:30 p.m.	Fallston
Weekly at Fallston	BINGO	1st & 3rd Thursday 1:00-3:00 p.m.	Fallston
Monthly at Fallston	Blood Pressure & Health Screenings   Conducted by UM Upper Chesapeake HealthLink Nursing staff.	2nd Wednesday 9:30-11:30 a.m.	Fallston
Monthly at Fallston	Book Club   facilitated by Harford County Public Library	4th Wednesday 1:00 p.m.	Fallston
Weekly at Fallston	Dominoes - Mexican Train	Mondays 12:00-3:00 p.m.	Fallston
Weekly at Fallston	Firehouse Pinochle	Mon., Wed., & Fri. 9:30-11:30 a.m.	Fallston
Weekly at Fallston	Mahjongg - Regular Two-Handed	Tues. & Fri. 10:00 a.m.-3:00 p.m. Wed. 12:30-3:00 p.m.	Fallston
Monthly at Fallston	Movie Day - This month's selection "Finding Your Feet"	2nd Monday 10:00 a.m.	Fallston
Weekly at Fallston	Pickle Ball <b>Open Play, All Levels:</b> Mon., 1:15-3:30 p.m.; Wed., 12:15-3:30 p.m. & Fri., 12:30 -3:30 p.m. <b>Advanced Players:</b> Tues., 1:30-3:30 p.m. <b>New Players:</b> Thurs., 1:00-3:00 p.m.	(see times at left)	Fallston
Weekly at Fallston	Rummikub	Wednesdays 1:00-3:00 p.m.	Fallston
Weekly at Fallston	Scrabble	Tuesdays 10:00 a.m.-3:00 p.m.	Fallston
Weekly at Fallston	Table Tennis Mondays, 12:15-3:00 p.m.; Wednesdays, 12:00-3:00 p.m. Fridays, 1:15-3:00 p.m.	(see times at left)	Fallston
Weekly at Fallston	Walking in the Gym Mondays, 8:30-10:30 a.m.; Wednesdays, 8:30-9:30 a.m.; Tues., Thurs. & Fri., 8:30-9:00 a.m.	(see times at left)	Fallston

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## Weekly/Monthly Havre de Grace Activity Center

Weekly at Havre de Grace	Basket Weaving   Open Studio	Wednesday 12:00-3:00 p.m.	Havre de Grace
Monthly at Havre de Grace	BINGO   Gift Card	4th Friday 1:00-3:00 p.m.	Havre de Grace
Monthly at Havre de Grace	BINGO   Nutrition-themed; healthy food item prizes	2nd Thursday 10:45-11:30 a.m.	Havre de Grace
Monthly at Havre de Grace	Blood Pressure Screening   Conducted by UM Upper Chesapeake HealthLink Nursing staff.	4th Wednesday 9:30-11:30 a.m.	Havre de Grace
Monthly at Havre de Grace	Book Club   facilitated by Harford County Public Library; Selection: <i>Code Name Lise</i> by Larry Loftis.	2nd Thursday 10:00 a.m.-11:30 a.m.	Havre de Grace
Weekly at Havre de Grace	Card Game Days   Pinochle and Hand & Foot	Mon., Tues. & Thurs. 12:00 p.m.	Havre de Grace
Weekly at Havre de Grace	Computer Lab   Availability may vary when classes are in session - call center to confirm schedule	Monday-Friday 8:30 a.m.-3:30 p.m.	Havre de Grace
Weekly at Havre de Grace	Fitness Room   Call center for optional fitness center orientation schedule	Monday-Friday 8:30 a.m.-3:30 p.m.	Havre de Grace
Monthly at Havre de Grace	Fitness Room Orientation - optional for all members. <b>Advanced sign up required</b>	3rd Friday 1:00-2:00 p.m.	Havre de Grace
Weekly at Havre de Grace	Knit & Crochet Club - 2 groups meet weekly, open to all.	Mondays 8:30-11:30 a.m. Tuesdays 10:00 a.m.-12:00 p.m.	Havre de Grace
Weekly at Havre de Grace	Open Painting Studio   Open to all; bring your own supplies and projects.	Thursdays 10:00 a.m.-12:00 p.m.	Havre de Grace
<b>Please Note: There will be no Pickleball for the summer at Havre de Grace</b>			
Weekly at Havre de Grace	Quilters' Club   Bring your own supplies, projects, and sewing machine	Tuesdays 9:00 a.m.-12:00 p.m.	Havre de Grace
Monthly at Havre de Grace	Silver Reader   Mobile Harford County Public Library	3rd Tuesday 12:30-1:30 p.m.	Havre de Grace
Weekly at Havre de Grace	Tai Chi Open Studio	Mon., Thurs., & Fri. 12:30-1:30 p.m.	Havre de Grace
Weekly at Havre de Grace	Walking in the Gym	Monday-Friday 8:30-9:00 a.m.	Havre de Grace
Weekly at Havre de Grace	Young at Heart Club   <b>Club membership and annual dues Required.</b> See officers before meeting for information.	Wednesdays 10:00-11:30 a.m.	Havre de Grace

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## Weekly/Monthly McFaul Activity Center

Weekly at McFaul	BINGO   Assorted prizes; no cash	Fridays 10:30-11:30 a.m.	McFaul
Monthly at McFaul	Book Club   with Harford County Public Library staff. Selection: <i>The Gown: A Novel of the Royal Wedding</i> by Jennifer Robson	1st Monday 1:00-3:00 p.m.	McFaul
Monthly at McFaul	DOUBLE BINGO   Assorted prizes; no cash	1st Friday 10:30-11:30 a.m. & 12:30-1:30 p.m.	McFaul
Monthly at McFaul	Blood Pressure Screening   Conducted by UM Upper Chesapeake HealthLink Nursing staff.	1st Wednesday 9:30-11:30 a.m.	McFaul
Weekly at McFaul	Chess   Open play for all levels	Thursdays 12:30-3:30 p.m.	McFaul
Weekly at McFaul	Computer Lab   Availability may vary when classes are in session. Call center to confirm schedule.	Monday-Friday 8:30 a.m.-3:30 p.m.	McFaul
Weekly at McFaul	Current Events Discussion Group	Thursdays 10:00 a.m.-12:00 p.m.	McFaul
Monthly at McFaul	Diabetes Support Group Facilitated by Rose Pollis, RN	4th Wednesday 10:30-11:30 a.m.	McFaul
Weekly at McFaul	"The Knit Wits" Knit & Crochet Club   All ability levels welcome!	Wednesdays 10:00 a.m.-12:00 p.m.	McFaul
Weekly at McFaul	Fitness Room   Call center for optional fitness center orientation schedule, 410-638-4040	Monday-Friday 8:30 a.m.-3:30 p.m.	McFaul
Weekly at McFaul	Memoir Writing	Tuesdays 10:00 a.m.-12:00 p.m.	McFaul
Monthly at McFaul	Movie Day in the Lounge	4th Monday 9:45 a.m.	McFaul
Monthly at McFaul	Parkinson's Monthly Support Group   Facilitated by staff from Johns Hopkins.	1st Thursday 2:00-3:30 p.m.	McFaul
Monthly at McFaul	Parkinson's Caregivers Support Group   Facilitated by staff from Johns Hopkins.	Last Thursday 2:00-3:30 p.m.	McFaul

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## Weekly/Monthly McFaul Activity Center *continued*

Weekly at McFaul	Pickleball Advanced   Monday & Wednesday, 12:00-3:00 p.m. Beginner & Intermediate   Thursday 12:30-3:00 p.m. <i>Sign-up required for beginners at McFaul. Register at center or by calling 410-638-4040.</i>	(see times at left)	McFaul
Monthly at McFaul	Silver Reader   Mobile Harford Co. Public Library	Wed., Every 3 weeks 12:30-1:30 p.m.	McFaul
Weekly at McFaul	Table Tennis	Tues. & Thurs. 12:30-3:00 p.m.	McFaul
Monthly at McFaul	Team Trivia	4th Friday 12:30-1:30 p.m.	McFaul
Weekly at McFaul	Volleyball	Friday 12:30-3:00 p.m.	McFaul
Weekly at McFaul	Walking in the Gym	Mon., Wed., & Thurs. 8:30-9:00 a.m.	McFaul

**NOTE: THERE WILL BE NO PICKLEBALL, VOLLEYBALL & TABLE TENNIS FOR THE SUMMER.  
THESE ACTIVITIES WILL RESUME SEPTEMBER 3, 2019  
SUMMER CLASSES BEGIN JULY 1ST**

## Activities by Date and Center

July 1	Blood Pressure & Osteoporosis Screening   Conducted by UM Upper Chesapeake HealthLink nursing staff	9:30-11:30 a.m.	Edgewood
July 1	Book Club   with Harford County Public Library staff. Selection: <i>The Gown: A Novel of the Royal Wedding</i> by Jennifer Robson	1:00-3:00 p.m.	McFaul
July 2	Diana Romano, RD presents: "Ways to Use Summer Vegetables"	11:00 a.m.-12:00 p.m.	McFaul
July 2	Silver Reader   Mobile Harford Co. Public Library	11:15 a.m.-12:15 p.m.	Edgewood
July 3	Blood Pressure & Osteoporosis Screening   Conducted by UM Upper Chesapeake HealthLink nursing staff	9:30-11:30	McFaul
July 3	Chair Volleyball	12:45-1:45 p.m.	Edgewood
<b>July 4</b>	<b>All Senior Centers are closed for the July 4th Holiday</b>		
July 5	Double BINGO	10:30-11:30 a.m. & 12:30-1:30 p.m.	McFaul
July 10	Blood Pressure & Osteoporosis Screening   Conducted by UM Upper Chesapeake HealthLink nursing staff	9:30-11:30	Fallston

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<b>Activities by Date and Center <i>continued</i></b>			
July 10	Chair Volleyball	12:45-1:45 p.m.	Edgewood
July 10	Diabetes Support   Facilitated by Terri Broemm, RN, UM Upper Chesapeake HealthLink	10:00-11:00 a.m.	Edgewood
July 10	<i>Fresh Conversations</i> hosted by Jennifer Cravens, RD, Educator with UM Extension   Topic: <i>Should you Worry about Vitamin D Deficiency?</i>	10:00-11:00 a.m.	McFaul
July 10	SFMNP (Senior Farmers' Market Nutrition Program) Produce Voucher Distribution	9:00-10:00 a.m.	Edgewood
July 10	SFMNP (Senior Farmers' Market Nutrition Program) Produce Voucher Distribution	12:30-2:00 p.m.	McFaul
July 11	Book Club - Facilitated by Harford County Public Library staff   Selection: <i>Code Name Lise</i> by Larry Loftis	10:00-11:30 a.m.	Havre de Grace
July 11	Musical Entertainment with Skip Morton	12:30-2:00 p.m.	Havre de Grace
July 11	Nutrition BINGO Thursday	1:00-3:00 p.m.	Fallston
July 11	Nutrition BINGO - Healthy food item prizes	10:45-11:30 a.m.	Havre de Grace
July 12	Stepping On class starts   Conducted by UM Upper Chesapeake HealthLink nursing staff	10:00 a.m.-12:00 p.m.	Edgewood
July 12	Fun After 50 Club	12:30-1:30 p.m.	Edgewood
July 15	Lunch & Learn at Noon   Topic: The Benefits of Chocolate	12:00 p.m.	Fallston
July 16	Countertop Garden Workshop with Charlotte Winder. <b>Advanced sign-up required.</b>	12:30-2:00 p.m.	Edgewood
July 16	<i>Fresh Conversations</i> hosted by Jennifer Cravens, RD, Educator with UM Extension   Topic: <i>Should you Worry about Vitamin D Deficiency?</i>	10:00-11:00 a.m.	Edgewood
July 16	Fun & Games Day hosted by Fallston Library and Librarian Beth Heinline	1:00-3:00 p.m.	Fallston
July 16	Silver Reader   Mobile Harford Co. Public Library	12:30-1:30 p.m.	Havre de Grace
July 17	Chair Volleyball	12:45-1:45 p.m.	Edgewood
July 17	Farm Fresh Presentation: <i>The Better Incredible Edibles</i> facilitated by Diana Romano, RD; <b>Advanced sign-up required</b>	11:00 a.m.-12:00 p.m.	Edgewood
July 17	Silver Reader   Mobile Harford Co. Public Library	12:30-1:30 p.m.	McFaul
July 18	Family Feuds   <b>Advanced sign-up required</b>	12:30-1:30 p.m.	Edgewood

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### Activities by Date and Center *continued*

July 18	Lunch at Noon   Ice Cream Social & Line Dance Bring your grandchildren! \$5.00 per lunch for anyone under 60, \$3.00 per lunch for anyone 60 or over	12:00-3:00 p.m.	Fallston
July 18	Musical Entertainment with "Doo Wop Dave" Micelli	12:30-2:00 p.m.	Havre de Grace
July 19	Fitness Room Orientation   <b>Advanced registration requested</b> - Call 410-939-5121	1:00-2:00 p.m.	Havre de Grace
July 19	Love that Country Music with Roger Niles & Friends	12:30-1:30 p.m.	McFaul
July 22	Lunch at Noon - Votive Candle Workshop at 1:00 p.m.	12:00 p.m.	Fallston
July 23	Book Club   Facilitated by Harford County Public Library. Selection: <i>The Seven Deaths of Evelyn Hardcastle</i> by Stuart Burton	10:30-11:30 a.m.	Edgewood
July 23	Silver Reader   Mobile Harford Co. Public Library	11:15 a.m.-12:15 p.m.	Edgewood
July 24	Blood Pressure & Osteoporosis Screening   Conducted by UM Upper Chesapeake HealthLink nursing staff	9:30-11:30 a.m.	Havre de Grace
July 24	Book Club - Selection: <i>Warlight</i> by Michael Ondaatje	1:00 p.m.	Fallston
July 24	Diabetes Support facilitated by Registered Dietician	10:00-11:00 a.m.	Edgewood
July 24	Diabetes Support facilitated by Rose Pollis, RN	10:30-11:30 a.m.	McFaul
July 24	Lunch & Learn   Topic: "Diabetes, A Discussion" facilitated by Diana Romano	12:00 p.m.	Fallston
July 25	BINGO	1:00-3:00 p.m.	Fallston
July 25	Lunch at Noon	12:00 p.m.	Fallston
July 25	Musical Entertainment with "Rockin' Art" Newsome	12:30-2:00 p.m.	Havre de Grace
July 25	Parkinson's Caregivers Support Group facilitated by Johns Hopkins staff	2:00-3:30 p.m.	McFaul
July 26	Birthday Cake to celebrate July Birthdays! Served following lunch		McFaul
July 26	Gift Card BINGO	1:00-3:00 p.m.	Havre de Grace
July 26	Team Trivia with prizes	12:30-1:30 p.m.	McFaul
July 26	Volunteer Recognition	1:00-3:00 p.m.	Havre de Grace
July 29	Movie Monday   Selection: "What About Bob?"	9:45 a.m.	McFaul
July 31	Chair Volleyball	12:45-1:45 p.m.	Edgewood

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**Harford Count Senior Activity Centers**

**Edgewood Activity Center**

1000 Gateway Road, Edgewood  
410-612-1622

**Fallston Activity Center**

1707 Fallston Road, Fallston  
410-638-3260

**Forest Hill/Hickory Activity Center**

2213 Commerce Drive, Forest Hill  
410-638-3616

**Havre de Grace Activity Center**

351 Lewis Lane, Havre de Grace  
410-939-5121

**McFaul Activity Center**

525 W. MacPhail Road, Bel Air  
410-638-4040

