

HIGHLIGHTS

HARFORD COUNTY DEPARTMENT OF COMMUNITY SERVICES OFFICE ON AGING

providing support to persons age 55 and over to live full, productive and satisfying lives*

SERVICES

Caregiver Support — case workers provide information and assistance, and counsel caregivers on resources and services.

Senior Care — provides access to services for eligible homebound seniors age 65+. Services may include personal care, light chores and financial assistance toward medication, incontinence supplies, nutritional supplements and medical equipment. Please note that age, income, and asset eligibility criteria apply.

Information, Referral, and Assistance Regarding:

- *Social Services Programs*
- *Social Security*
- *Medical Assistance*
- *Energy Assistance*
- *Renter and Homeowner Tax Credits*
- *Home Health Care*
- *Legal and Financial Service Programs*
- *Senior Housing*
- *Transportation*
- *Veteran Benefits*
- *Assisted Living and Nursing Homes*

Long Term Care Ombudsman — helps to advocate for the rights of residents of nursing homes and assisted living facilities.

Medicaid Waiver — provides Supports Planning Services for those who are receiving Medicaid Waiver services.

State Health Insurance Assistance Program (SHIP) — provides information on health insurance issues affecting seniors, such as Medicare, Medicaid, Medigap and Long Term Care Insurance. **The Senior Medicare Patrol (SMP)** promotes increased awareness among seniors about health care fraud, waste, and abuse in the Medicare/Medicaid programs.

Direct Numbers for Office on Aging Programs

Aging & Disability Resource Center (ADRC)

410-638-3303

Caregiver Program

410-638-3303

Guardianship Program

410-638-4283

Medicaid Waiver Program

410-638-4283

Ombudsman Program

410-638-3577

Outreach Programs

410-638-3303

Senior Care Program

410-638-3303

Senior Activity Centers

410-638-3032

State Health Insurance Program

410-638-3577

Senior Medicare Patrol Program

410-638-3577

* Some services require a person to be age 60 or over.

CONTACT

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HIGHLIGHTS

HARFORD COUNTY DEPARTMENT OF COMMUNITY SERVICES SENIOR ACTIVITY CENTERS

*providing a variety of educational and recreational programs, services and activities
dedicated to promoting active, healthy lifestyles*

BENEFITS AND FUN ACTIVITIES OFFERED AT THE CENTERS:

- Join any center at age 55+
- Low cost transportation.* Contact Harford Transit at 410-612-1620 or visit www.harfordtransit.org for more information.
- Daily lunch at most centers (*citizens over age 60 pay a voluntary donation; under age 60, pay a nominal fee*)
- Build new and lasting friendships
- Meet others with the same interests
- FREE health screenings/seminars
- Support groups for medical conditions such as Diabetes and Parkinson's
- Fitness/workout rooms at some locations
- Annual billiards tournament
- Bingo, card games, movies, music and cultural presentations
- Volunteer opportunities and much more
- Low-cost tuition for 10-week courses on a wide variety of fun and educational topics

SENIOR ACTIVITY CENTERS

Open Monday - Friday 8:30 a.m. to 3:30 p.m.

Aberdeen Senior Activity Center

7 Franklin Street, Aberdeen • 410-273-5666

Edgewood Senior Activity Center

1000 Gateway Rd, Edgewood • 410-612-1622

Havre de Grace Activity Center

351 Lewis Lane, Havre de Grace • 410-939-5121

McFaul Activity Center

525 West MacPhail Road, Bel Air • 410-638-4040

Veronica "Roni" Chenowith Activity Center

1707 Fallston Road, Fallston • 410-638-3260

*Limited Senior Center Programs and/or Classes
are offered at the following Parks and Recreation
locations between 8:30 a.m. and 3:30 p.m.*

Edgewood Recreation and Community Center

1980 Brookside Drive, Edgewood, 410-612-1606

Norrisville Library and Recreation Center

5310 Norrisville Road (Rt. 23), White Hall
410-692-7820

CLASSES AND ACTIVITIES

- Art Classes
- Balance Classes
- Basic Fitness Classes (seated)
- Basket Weaving
- Billiards
- Book Discussion
- Card Games
- Cardio Classes
- Computer Classes
- Crafts
- Current Events Discussion
- Group Fitness Activities, (such as basketball, table tennis, pickleball, bocce ball)
- Knitting/Crocheting
- Line Dancing
- Memoir Writing
- Qigong
- Quilting
- Stained Glass
- Tai Chi
- Toning Classes
- Trivia
- Wildfowl Carving
- Yoga
- Zumba Gold
- And More!

*Not all centers offer all classes.
Please check each center's
current catalog for locations,
classes, fees and times.*

** for those age 60 and over, available at most locations*