2016 HEALTH SCREENING SCHEDULE

Upper Chesapeake Health Link will provide the following screenings to Harford County Seniors age 55+ at the Harford County Senior Activity Centers.

For more information about each screening please call your local Senior Activity Center.

February - Cholesterol

10:00 a.m. - 12:00 noon

February 1: Edgewood Senior Activity Center February 3: McFaul Senior Activity Center February 4: Aberdeen Senior Activity Center February 10: Fallston Senior Activity Center February 24: HDG Senior Activity Center

March - Diabetes Blood Test

10:00 a.m. - 12:00 noon

March 7: Edgewood Senior Activity Center March 9: McFaul Senior Activity Center March 10: Aberdeen Senior Activity Center March 16: Fallston Senior Activity Center March 23: HDG Senior Activity Center

April - Osteoporosis Screening

10:00 a.m. - 12:00 noon

April 4: Edgewood Senior Activity Center April 6: McFaul Senior Activity Center April 7: Aberdeen Senior Activity Center April 13: Fallston Senior Activity Center April 27: HDG Senior Activity Center

May - Stroke Risk Assessment

10:00 a.m. - 12:00 noon

May 2: Edgewood Senior Activity Center May 4: McFaul Senior Activity Center May 5: Aberdeen Senior Activity Center May 11: Fallston Senior Activity Center May 25: HDG Senior Activity Center

June - Hearing Screening

10:00 a.m. - 12:00 noon

June 6: Edgewood Senior Activity Center June 8: McFaul Senior Activity Center June 9: Aberdeen Senior Activity Center June 15: Fallston Senior Activity Center June 22: HDG Senior Activity Center

July – Skin Analyzer Machine And Information on Sun Safety

10:00 a.m. - 12:00 noon

July 5: Edgewood Senior Activity Center July 6: McFaul Senior Activity Center July 7: Aberdeen Senior Activity Center July 13: Fallston Senior Activity Center July 27: HDG Senior Activity Center

August – Sleep Apnea Risk Assessment

10:00 a.m. - 12:00 noon

August 1: Edgewood Senior Activity Center August 3: McFaul Senior Activity Center August 4: Aberdeen Senior Activity Center August 10: Fallston Senior Activity Center August 24: HDG Senior Activity Center

September – My Plate/Healthy Eating

10:00 a.m. - 12:00 noon

September 6: Edgewood Senior Activity Center

September 7: McFaul Senior Activity Center September 8: Aberdeen Senior Activity Center September 14: Fallston Senior Activity Center September 28: HDG Senior Activity Center

October – Flu Shots No Blood Pressure Screenings

10:00 a.m. - 12:00 noon

October 3: Edgewood Senior Activity Center October 5: McFaul Senior Activity Center October 6: Aberdeen Senior Activity Center October 12: Fallston Senior Activity Center October 26: HDG Senior Activity Center

November – Diabetes Prevention

10:00 a.m. - 12:00 noon

November 7: Edgewood Senior Activity Center November 2: McFaul Senior Activity Center November 3: Aberdeen Senior Activity Center November 9: Fallston Senior Activity Center November 23: HDG Senior Activity Center

In addition to the screenings listed above, Upper Chesapeake will also provide FREE blood pressure screenings on the same dates and times listed with the exception of October.

Barry Glassman Harford County Executive

Amber Shrodes
Director
Dept. of Community Services

Office on Aging

