

## FIELD HOCKEY

Welcome! The Churchville Parks & Recreation Field Hockey Program has provided opportunities for youth and adults for nearly 30 years! Whether you are a seasoned or relatively new player, you are welcome to find a field hockey home with us, where you can continue to play for many years to come.

Our league plays, on the turf field at [Cedar Lane Park](http://www.cedarlanesports.org) (<http://www.cedarlanesports.org>) on Wednesday nights during the summer (youth and adults) and fall (adults).

When available for each season, registration information will be posted this web site as well as the Churchville Parks & Recreation Forms page.

### Field Hockey League Profiles

#### Youth League

The summer youth field hockey league held its inaugural season in 2015. The program goal is to provide players with coaching, game exposure, conditioning and opportunities to work on their playing skills in a relaxed environment. Games are played internal to the league, and no travel is required. This league will be scheduled to end prior to the beginning of fall recreation seasons.

This age group is currently open to players entering grades 5-8. *All experience levels welcome.*

League Format\*:

- Wednesday nights from 5:30 - 7:00 PM (June - August, specific dates TBA)
- 5:30 - 6:00 - Warm ups and practice drills for all players
- 6:00 - 7:00 - Experienced players - Pickup team games (Coached and Officiated)
- 6:00 - 7:00 - New players - Approx. 4 weeks of Coaching and game introduction. 4 weeks followed by integration into games)

\* The format may be adjusted each year based on registration numbers and experience level of players.

#### Adult League

As the original focus of the Summer Field Hockey program, Churchville has provided opportunities for post-high school play since the mid 1980s. Level of play is mid-range competitive. Our diverse mix of player experience includes a few players new to the games to collegiate and club players. Our goals is to get some exercise, and have fun as we continue to play our game through adulthood.

*Summer League Format:*

- Wednesday nights from 7:00 - 8:30 PM (June - August, specific dates TBA)
- Assigned teams (players may request teammates - "team" registrations are not accepted)
- Round-robin game format on reduced-size turf fields (65 yds. long) Generally 8v8
- Officiated Games

*Fall League Format:*

Our fall league is just a few years old. The cooler temperatures, pickup style games and playing under the lights are making this season a favorite.

- Wednesday nights (time and scheduled TBA)
- Pick-up format
- 3- 25 min. games
- Officiated games

*Note for High School Players:* Two local programs for high school players are conducted in the summer for high school teams. Please check with your high school coaches for details. Churchville P&R will be not offering a session for this age group in 2016.

Thank you for visiting our Field Hockey program page. For additional information, contact Donna Amoroso at [ChurchvilleFH@zoominternet.net](mailto:ChurchvilleFH@zoominternet.net)