

Press Release

HARFORD COUNTY GOVERNMENT

Department of Community Service



PUBLIC SAFETY

"Ensuring a Safe Harford"

EDUCATION

"Preparing Now, Building for the Future"

EFFICIENCY IN GOVERNMENT

"Governing Smarter"

ECONOMIC OPPORTUNITY

"Growing and Sustaining Harford's Prosperity"

ENVIRONMENTAL STEWARDSHIP

"Protecting Our Environment"

QUALITY LIVING

"Safeguarding What is Important to Harford County Citizens"

FOR IMMEDIATE RELEASE: September 16, 2009

Media Contact: Mary Chance, Director

Department of Community Services at 410-638-3389

Office on Aging Celebrates National Active Aging Week

(Bel Air, MD) - - The Harford County Department of Community Services' Office on Aging is excited to announce September 21-25, 2009 as National Active Aging Week. Special events and programs will be held at the Aberdeen, Edgewood, Havre de Grace and McFaul senior activity centers. Activities include physical fitness and health, computer training, arts and crafts, gardening, dancing, cholesterol and blood pressure screening, bingo, kick ball, Wii music and much more.

New this year Aberdeen will celebrate with Break Away Week, where special break week activities will be offered. You can attend and learn how to draw, create beautiful floral arrangements and create music. A nominal fee is associated with some Break Week programs, while others are free of charge.

Registration is taking place now; make sure to reserve your space! All area seniors are welcome to attend Active Aging and Break Week events. Registration is quick and easy; to register or for more information and a list of activities, just call or stop by the front desk at any of the centers.

Contact Information:

Harford County Office on Aging: 410-638-3025

Aberdeen Senior Activity Center: 410-273-5666
7 Franklin Street, Aberdeen 21001

Edgewood Senior Activity Center: 410-612-1623
1000 Gateway Drive, Edgewood, 21040

Havre de Grace Activities Center: 410-939-5121
351 Lewis Lane, Havre de Grace, 21078

McFaul Activity Center: 410-638-4040
525 W. MacPhail Road, Bel Air, 21014

(more)

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The Office on Aging is a division within the Harford County Department of Community Services. Visit us at www.harfordcountymd.gov/services.

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“Preserving Harford’s past; promoting Harford’s future”