## OTHER HEALTH RESOURCES

**Federally Qualified Health Centers (FQHCs) & Maryland Qualified Health Centers (MQHCs)** provide sliding-scale and subsidized medical care for uninsured individuals and families in Maryland and across the U.S.
For FQHC lisitings visit *www.dhmh.state.md.us/gethealthcare/FQHC.pdf*
For MQHC listings visit *www./dhmh.state.md.us/gethealthcare/MQHC.pdf*

**Maryland Health Insurance Program (MHIP)** offers affordable health insurance to Marylanders with pre-existing conditions who are unable to obtain health insurance coverage.
Call 1-888-444-9016, or visit
*www.marylandhealthinsuranceplan.state.md.us*

**Maryland Medbank Program** provides access to free medicines for low-income, uninsured patients.
Call 1-877-435-7755, or visit
*www.medbankmd.org*

**Senior Prescription Drug Assistance Program** offers additional financial assistance on prescription drugs for senior citizens enrolled in Medicare Part D.
Call 1-800-551-5995, or visit
*www.marylandspdap.com*

**Maryland's Senior Health Insurance Assistance Program (SHIP)** provides information, counseling and assistance to Medicare beneficiaries.
Call 1-800-243-3425, or visit
*www.mdoa.state.md.us/ship.html*

**Health Insurance Partnership** helps small businesses provide affordable health insurance to their employees through a partnership with the state, employers and employees.
Call 1-888-444-9016, or visit
*www.marylandhealthinsurance plan.state.md.us*

The services and facilities of the Maryland Department of Health and Mental Hygiene (DHMH) are operated on a non-discriminatory basis. This policy prohibits discriminiation on the basis of race, color, sex or national orgin and applies to the provisions of employment and granting of advantages, privileges, and accomodations.

The Department, in compliance with the Americans with Disabilities Act, ensures that qualified individuals with disabilities are given an opportunity to particiapte in and benefit from DHMH services, programs, benefits and employment opportunities.

MARYLAND
Martin O'Malley, *Governor*
Anthony G. Brown, *Lt. Governor*
John M. Colmers, *Secretary*

**Call-Harford County Health Dept.**
**Care Coordination Unit**
**34 N. Philadelphia Blvd.**
**Aberdeen, MD 21001**
**410-273-5626**

# Affordable Health Services and Care in Maryland

**Toll Free in Maryland: 1-877-4MD-DHMH (1-877-463-3464) • TTY for Disabled - Maryland Relay Services: 1-800-735-2258**
***www.dhmh.state.md.us***

# HEALTH SERVICES

**Mental Health Treatment**
is available to Maryland citizens who do not have insurance coverage and who cannot afford to pay for services.
Call 1-800-888-1965, or visit
*www.dhmh.state.md.us/mha*

**For mental health information in your local area:**
Visit *www.dhmh.state.md.us/mha/csacontacts.html* or *www.networkofcare.org*

**Maryland's Commitment to Veterans**
assists veterans returning from Iraq and Afghanistan and their families in accessing mental health and substance abuse services.
Call 1-877-770-4801, or visit
*www.dhmh.state.md.us/mha*

**HIV and AIDS Information** on prevention, counseling, testing and education is available at the Maryland AIDS Administration.
Call 1-800-358-9001, or visit
*www.dhmh.state.md.us/AIDS*

**Maryland AIDS Drug Assistance Program**
provides prescription drug coverage for low-income HIV/AIDS patients.
Call 1-800-358-9001, or visit
*www.dhmh.state.md.us/AIDS/Treatment*

**Breast and Cervical Cancer Health Services**
provides free or reduced cost mammograms and Pap smears.
Call 1-800-477-9774, or visit
*www.fha.state.md.us/cancer/html/bccp.cfm*

**Maryland Women Infants and Children (WIC) Program** provides nutrition counseling and healthy foods for pregnant women, infants, and children.
Call 1-800-242-4942, or visit
*www.mdwic.org*

**Substance Abuse Prevention and Treatment Program** provides resources to prevent and treat a variety of substance abuse issues.
410-402-8600, or visit
*www.maryland-adaa.org*

**Smoking Prevention & Cessation Programs**
provide Marylanders with assistance and coaching to help quit smoking and/or prevent tobacco use.
Call 1-800-QUIT-NOW, or visit
*www.smokingstopshere.com*

**Oral Health Resource Guide**
assists Marylanders in finding affordable and appropriate dental care services.
Email oralhealth@dhmh.state.md.us, or visit
*www.fha.state.md.us/oralhealth*

## GET HEALTHCARE

Visit Maryland's one-stop resouce at:
*www.dhmh.state.md.us/gethealthcare*

**Maryland Children's Health Program** provides comprehensive health coverage to children.
For an application, call 1-800-456-8900, or visit
*www.dhmh.state.md.us/mma/mchp*

**Medical Assistance for Families**
provides comprehensive health coverage to families and pregnant women.
For an application, call 1-800-456-8900, or visit
*www.dhmh.state.md.us/ma4families*

**Maryland Primary Adult Care (PAC)**
covers primary health care, certain out-patient mental health services, and prescription drugs for low-income adults without dependent children.
Call 1-800-226-2142, or visit
*www.dhmh.state.md.us/mma/pac*

**Maryland AIDS Insurance Assistance Program**
provides health insurance for individuals living with HIV/AIDS who are too ill to work.
Call 1-800-205-6308, or visit
*www.dhmh.state.md.us/AIDS*

**The Department of Health and Mental Hygiene offers many services...**

Through local health departments in Baltimore City and Maryland's 23 counties, DHMH offers residents the following public health services and information:

- immunizations for children
- hearing and vision screening
- flu shots

*www.dhmh.state.md.us/gethealthcare/LHD.pdf*