

# HARFORD COUNTY SENIOR CENTERS

## ACTIVITIES CALENDAR - NOVEMBER 2019

Date	Event	Day/Time	Senior Center
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**WINTER CLASS REGISTRATION OPENS: WEDNESDAY, NOVEMBER 20 AT FALLSTON FOR FALLSTON ONLY; THURSDAY, NOVEMBER 21 AT MCFAUL FOR MCFAUL & FALLSTON ONLY; & FRIDAY, NOVEMBER 22 FOR ALL CENTER LOCATIONS**  
**Please Note: All centers will be closed Mon., Nov. 11 for Veterans' Day & Thurs. and Fri., Nov. 28-29 for Thanksgiving**

### Weekly/Monthly Edgewood Activity Center

Monthly at Edgewood	AARP Chapter Meeting	3rd Tuesday 1:00-3:00 p.m.	Edgewood
Weekly at Edgewood	Badminton   Open Play - All Levels Edgewood Recreation & Community Center 1980 Brookside Drive, Edgewood	Thursdays 1:30-3:30 p.m.	Edgewood
Weekly at Edgewood	Billiards   Open play daily on two tables	Monday-Friday 8:30 a.m.-3:30 p.m.	Edgewood
Monthly at Edgewood	Blood Pressure & and Senior Safety Fall Prevention with UM Upper Chesapeake HealthLink Nursing staff.	1st Monday 9:30-11:30 a.m.	Edgewood
Monthly at Edgewood	Book Club   Facilitated by Harford County Public Library staff. Selection: <i>Aunti Poldi and the Sicilian Lions</i> by Mario Giodano.	4th Tuesday 10:30-11:30 a.m.	Edgewood
Weekly at Edgewood	Chair Volleyball: Casual seated play with a beach ball - just for fun!	Wednesdays 12:45-1:45 p.m.	Edgewood
Weekly at Edgewood	Computer Lab   Availability may vary when classes are in session. Call center to confirm schedule, 410-612-1622	Monday-Friday 8:30 a.m.-3:30 p.m.	Edgewood
Weekly at Edgewood	Creative Coloring	Fridays 10:00 a.m.-12:00 p.m.	Edgewood
Weekly at Edgewood	Diabetes Support Group   2nd Wednesday with Terri Broemm, RN; 4th Wednesday with Diana Romano, RD   UM Upper Chesapeake HealthLink.	2nd & 4th Wednesday 10:00-11:00 a.m.	Edgewood
Monthly at Edgewood	Family Feud - <b>Advance sign-up required.</b>	3rd Thursday 12:30-1:30 p.m.	Edgewood
Weekly at Edgewood	Fitness Room   Edgewood Recreation & Comm. Center 1980 Brookside Dr., Edgewood. Call center for optional fitness center orientation schedule - 410-612-1622	Monday-Friday 8:30 a.m.-3:30 p.m.	Edgewood
Monthly at Edgewood	Fun After 50 Club   <b>Club membership and annual dues required.</b> See club officers before meeting for info.	1st Friday 12:30-1:30 p.m.	Edgewood
Monthly at Edgewood	Nutrition Bingo - <b>Advance sign-up required</b>	2nd Tuesday 12:45-1:45 p.m.	Edgewood
Weekly at Edgewood	Pickleball   Open play - All Levels Edgewood Recreation & Community Center 1980 Brookside Dr., Edgewood	Monday & Tuesday 1:30-3:30 p.m. Wednesday 11:30 a.m.-3:30 p.m. Fri.-10:30 a.m.-3:30 p.m.	Edgewood

**Barry Glassman**  
Harford County Executive

**Amber Shrodes**  
Director  
Dept. of Community Services

**Office on Aging**  
Harford County Department of Community Services  
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### Weekly/Monthly Edgewood Activity Center *(continued)*

Monthly at Edgewood	Silver Reader   Mobile Harford County Public Library	Every 3 weeks 10:45-11:45 a.m.	Edgewood
Weekly at Edgewood	Table Tennis Edgewood Recreation & Community Center 1980 Brookside Dr., Edgewood	Mon. & Wed. 10:30 a.m.-2:30 p.m.	Edgewood

### Weekly/Monthly Fallston Activity Center

Weekly at Fallston	Basketball	Tuesdays 11:30 a.m.-3:15 p.m. Fridays 9:00 a.m.-12:30 p.m.	Fallston
Weekly at Fallston	Billiards	Monday-Friday 8:30 a.m.-3:30 p.m.	Fallston
Weekly at Fallston	BINGO	1st & 3rd Thursday 1:00-3:00 p.m.	Fallston
Monthly at Fallston	Blood Pressure/Health Screenings with UM Upper Chesapeake HealthLink Nursing staff.	2nd Wednesday 9:30-11:30 a.m.	Fallston
Monthly at Fallston	Book Club   facilitated by Harford County Public Library	4th Wednesday 1:00 p.m.	Fallston
Weekly at Fallston	Dominoes - Mexican Train	Mondays 12:00-3:00 p.m.	Fallston
Weekly at Fallston	Firehouse Pinochle	Mon., Wed., & Fri. 9:30-11:30 a.m.	Fallston
Weekly at Fallston	Mahjongg - Regular Two-Handed	Tues. & Fri. 10:00 a.m.-3:00 p.m. Wed. 12:30-3:00 p.m.	Fallston
Weekly at Fallston	Pickle Ball <b>Open Play, All Levels:</b> Mon., 1:15-3:30 p.m.; Wed., 12:15-3:30 p.m. & Fri., 1:00 -3:30 p.m. <b>Advanced Players:</b> Tues., 1:30-3:30 p.m. <b>New Players:</b> Thurs., 1:00-3:00 p.m.	(see times at left)	Fallston
Weekly at Fallston	Rummikub	Wednesdays 1:00-3:00 p.m.	Fallston
Weekly at Fallston	Scrabble	Tuesdays 10:00 a.m.-3:00 p.m.	Fallston

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### Weekly/Monthly Fallston Activity Center *(continued)*

Weekly at Fallston	Table Tennis Mondays, 12:15-3:00 p.m.; Wednesdays and Fridays 12:00-3:00 p.m.	(see times at left)	Fallston
Weekly at Fallston	Walking in the Gym Mondays, 8:30-10:30 a.m.; Wednesdays, 8:30-9:30 a.m.; Tues., Thurs. & Fri., 8:30-9:00 a.m.	(see times at left)	Fallston

### Weekly/Monthly Havre de Grace Activity Center

Weekly at Havre de Grace	Basket Weaving   Open Studio	Wednesday 12:00-3:00 p.m.	Havre de Grace
Monthly at Havre de Grace	BINGO   Gift Card	4th Friday 1:00-3:00 p.m.	Havre de Grace
Monthly at Havre de Grace	BINGO   Nutrition-themed; healthy food item prizes	2nd Thursday 10:45-11:30 a.m.	Havre de Grace
Weekly at Havre de Grace	Billiards   Open play daily on two tables	Monday-Friday 8:30 a.m.-3:30 p.m.	Havre de Grace
Monthly at Havre de Grace	Blood Pressure Screening with UM Upper Chesapeake HealthLink Nursing staff.	4th Wednesday 9:30-11:30 a.m.	Havre de Grace
Monthly at Havre de Grace	Book Club   facilitated by Harford County Public Library; Selection: <i>The Great Alone</i> by Kristin Hannah.	2nd Thursday 10:00 a.m.-11:30 a.m.	Havre de Grace
Weekly at Havre de Grace	Card Game Days   Pinochle and Hand & Foot	Mon., Tues. & Thurs. 12:00 p.m.	Havre de Grace
Weekly at Havre de Grace	Computer Lab   Availability may vary when classes are in session - call center to confirm schedule	Monday-Friday 8:30 a.m.-3:30 p.m.	Havre de Grace
Weekly at Havre de Grace	Fitness Room   Call center for optional fitness center orientation schedule.	Monday-Friday 8:30 a.m.-3:30 p.m.	Havre de Grace
Monthly at Havre de Grace	Fitness Room Orientation - optional for all members. <b>Advanced sign-up required</b>	3rd Friday 1:30-2:00 p.m.	Havre de Grace
Weekly at Havre de Grace	Knit & Crochet Club - 2 groups meet weekly, open to all.	Mondays 8:30-11:30 a.m. Tuesdays 10:00 a.m.-12:00 p.m.	Havre de Grace
Weekly at Havre de Grace	Open Painting Studio   Open to all; bring your own supplies and projects.	Thursdays 10:00 a.m.-12:00 p.m.	Havre de Grace

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### Weekly/Monthly Havre de Grace Activity Center *(continued)*

Weekly at Havre de Grace	Pickleball	Monday-Friday 1:15-3:00 p.m.	Havre de Grace
Weekly at Havre de Grace	Quilters' Club   Bring your own supplies, projects, and sewing machine	Tuesdays 9:00 a.m.-12:00 p.m.	Havre de Grace
Weekly at Havre de Grace	Shuffleboard   2 groups	Thursdays starting at 12:00 p.m.	Havre de Grace
Monthly at Havre de Grace	Silver Reader   Mobile Harford County Public Library Tech Tutors in Center, 1:00-1:45 p.m.;	3rd Tuesday 12:15-1:00 p.m.	Havre de Grace
Weekly at Havre de Grace	Tai Chi Open Studio	Mon., Thurs., & Fri. 12:30-1:30 p.m.	Havre de Grace
Weekly at Havre de Grace	Veteran's Support Group - open to all veterans	Thursdays 10:00-11:00 a.m.	Havre de Grace
Weekly at Havre de Grace	Walking in the Gym	Monday-Friday 8:30-9:00 a.m. & 12:15-1:00 p.m. <i>No afternoon walking on Wednesdays &amp; Thursdays</i>	Havre de Grace
Weekly at Havre de Grace	Young at Heart Club   <b>Club membership and annual dues Required.</b> See officers before meeting for information.	Wednesdays 10:00-11:30 a.m.	Havre de Grace

### Weekly/Monthly McFaul Activity Center

Weekly at McFaul	BINGO   Assorted prizes; no cash	Fridays 10:30-11:30 a.m.	McFaul
Monthly at McFaul	Blood Pressure Screening with UM Upper Chesapeake HealthLink Nursing staff.	1st Wednesday 9:30-11:30 a.m.	McFaul
Monthly at McFaul	Book Club   with Harford County Public Library staff. Selection: <i>The Spies of Shilling Lane</i> by Jennifer Ryan. Author will be Skyped!	1st Monday 1:00-3:00 p.m.	McFaul
Monthly at McFaul	Community Connections   Information sharing from community agencies and businesses	1st Thursday 10:00 a.m.-12:00 p.m.	McFaul
Weekly at McFaul	Computer Lab   Availability may vary when classes are in session. Call center to confirm schedule.	Monday-Friday 8:30 a.m.-3:30 p.m.	McFaul
Weekly at McFaul	Current Events Discussion Group	Fridays 9:00-11:00 a.m.	McFaul

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### Weekly/Monthly McFaul Activity Center *(continued)*

Monthly at McFaul	Diabetes Support Group Facilitated by UM Upper Chesapeake staff.	4th Wednesday 10:30-11:30 a.m.	McFaul
Monthly at McFaul	DOUBLE BINGO   Assorted prizes; no cash	1st Friday 10:30-11:30 a.m. & 12:30-1:30 p.m.	McFaul
Weekly at McFaul	Fitness Room   Call center for optional fitness center orientation schedule, 410-638-4040	Monday-Friday 8:30 a.m.-3:30 p.m.	McFaul
Weekly at McFaul	Fitness Room Orientation. Call 410-638-4040 to sign up	Dates vary - See by date events below	McFaul
Weekly at McFaul	"The Knit Wits" Knit & Crochet Club   All ability levels welcome!	Wednesdays 10:00 a.m.-12:00 p.m.	McFaul
Weekly at McFaul	Memoir Writing	Tuesdays 10:00 a.m.-12:00 p.m.	McFaul
Monthly at McFaul	Movie Day in the Lounge - Selection TBD	Last Monday 9:45 a.m.	McFaul
Monthly at McFaul	Parkinson's Monthly Support Group   Facilitated by staff from Johns Hopkins.	1st Thursday 2:00-3:30 p.m.	McFaul
Monthly at McFaul	Parkinson's Caregivers Support Group   Facilitated by staff from Johns Hopkins.	4th Thursday 1:30-3:15 p.m.	McFaul
Weekly at McFaul	Pickleball Advanced   Monday & Wednesday, 12:00-3:00 p.m. Beginner & Intermediate   Thursday 12:30-3:00 p.m. <b>Call or visit center to sign up for beginner instruction</b>	(see times at left)	McFaul
Weekly at McFaul	Shuffleboard - Open Play	Monday-Friday 8:30 a.m.-3:30 p.m.	McFaul
Monthly at McFaul	Silver Reader   Mobile Harford Co. Public Library	Wed., Every 3 weeks 12:30-1:30 p.m.	McFaul
Monthly at McFaul	Silver Reader Tech Support Tuesday   <b>New Service!</b> Assistance with phones, tablets, iPads, etc. 410-638-4040.	See Date in Calendar By <b>Appointment</b>	McFaul
Weekly at McFaul	Table Tennis	Tuesday & Thursday 12:30-3:00 p.m.	McFaul
Monthly at McFaul	Team Trivia	4th Friday 12:30-1:30 p.m.	McFaul

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### Weekly/Monthly McFaul Activity Center (continued)

Weekly at McFaul	Volleyball	Friday 12:30-3:00 p.m.	McFaul
Weekly at McFaul	Walking in the Gym   Mon., Wed., & Thurs., 8:30-9:00 a.m. and Friday, 12:30-3:00 p.m.	(see times at left)	McFaul

### Activities by Date and Center

Nov 1	Double Bingo	10:30-11:30 a.m. & 12:30-1:30 p.m.	McFaul
Nov 1	Fun After 50 Club meeting. Requires membership and dues - See officers prior to meeting.	12:30-1:30 p.m.	Edgewood
Nov 4	Blood Pressure and Senior Safety Fall Prevention   Conducted by UM Upper Chesapeake Health System HealthLink nursing staff.	9:30-11:30 a.m.	Edgewood
Nov 4	Book Club   with Harford County Public Library staff. Selection: <i>The Spies of Shilling Lane</i> by Jennifer Ryan. Author will be Skyped!	1st Monday 1:00-3:00 p.m.	McFaul
Nov 4	Lunch and Learn: Diet and Heart Disease Prevention with Diana Romano, RD. <b>Advanced signup required.</b>	12:00 p.m.	Fallston
Nov 5	Fresh Conversations   Topic: Sugar, Sinfully Sweet. Register by contacting Jennifer Dixon Cravens, FCS Educator from University of MD Extension, 410-638-3255 or Edgewood Activity Center 410-612-1622	10:00-11:00 a.m.	Edgewood
Nov 5	Silver Reader   Mobile Harford County Public Library	10:45-11:45 a.m.	Edgewood
Nov 5	Silver Reader   Tech Support Call 410-638-4040 for details and to sign up	Call center	McFaul
Nov 6	Blood Pressure and Senior Safety Fall Prevention   Conducted by UM Upper Chesapeake Health System HealthLink nursing staff.	9:30-11:30 a.m.	McFaul
Nov 6	Chair Volleyball - Casual, seated play with a beach ball. Just for fun!	12:45-1:45 p.m.	Edgewood
Nov 6	Lunch & Learn: "Rosalie Calvert of Riversdale" interpreted by Mary Ann Jung. <b>Advanced sign-up required.</b>	12:00 p.m.	Fallston
Nov 6	Musical Entertainment with Pop Pop Doo Wop and Line Dancing with Peggy DeAngelis	12:30-1:30 p.m.	McFaul

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### Activities by Date and Center *(continued)*

Nov 7	Community Connections   Information sharing from community agencies and businesses. This month's participants are Stella Maris, MD Insurance Administration, Upper Chesapeake Chorus and Highview Memorial Gardens.	Call center	McFaul
Nov 7	Determine Your Destiny presentation by the Harford County Bar Association. Seminar on Medical Advanced Directives and Financial Powers of Attorney. Register by calling the Harford County Bar Association 410-836-0123.	1:00-2:00 p.m.	Edgewood
Nov 7	Fitness Orientation. Learn how to use fitness equipment. Call 410-638-4040 to register	12:30-1:30 p.m.	McFaul
Nov 7	Lunch at Noon and Nutrition BINGO. <b>Sign up in advance.</b>	12:00 Lunch 1:00-3:00 p.m. Bingo	Fallston
Nov 7	Musical Entertainment with Mike & Sue	12:30-2:00 p.m.	Havre de Grace
Nov 7	Parkinson's Support Group, with staff of Johns Hopkins	2:00-3:30 p.m.	McFaul
Nov 8	Karaoke Sing-A-Long	12:30-2:30 p.m.	Havre de Grace
<b>Nov 11</b>	<b>ALL CENTERS CLOSED FOR VETERANS' DAY</b>		
Nov 12	Nutrition BINGO   Healthy prizes including fresh produce. <b>Sign up in advance.</b>	12:45-1:45 p.m.	Edgewood
Nov 12	The Benefits of Tea   presentation by Diana Romano, RD. <b>Sign up in advance.</b>	10:00 a.m.-12:00 p.m.	Havre de Grace
Nov 13	Blood Pressure and Senior Safety Fall Prevention   Conducted by UM Upper Chesapeake Health System HealthLink nursing staff.	9:30-11:30 a.m.	Fallston
Nov 13	Chair Volleyball - Casual, seated play with a beach ball. Just for fun!	12:45-1:45 p.m.	Edgewood
Nov 13	Diabetes Support with Terri Broemm, RN, UM Upper Chesapeake Health System HealthLink	10:00-11:00 a.m.	Edgewood
Nov 13	Fresh Conversations   Topic: Sugar, Sinfully Sweet. Register by contacting Jennifer Dixon Cravens, FCS Educator from University of MD Extension, 410-638-3255 or McFaul Activity Center, 410-638-4040	10:00-11:00 a.m.	McFaul
Nov 14	Lunch & Learn   Travel with Me...Germany" with John Hughes. Advance Sign up required.	12:00 p.m.	Fallston

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### Activities by Date and Center (continued)

Nov 14	Book Club   with Harford County Public Library staff. Selection: <i>The Great Alone</i> by Kristin Hannah.	10:00-11:30 a.m.	Havre de Grace
Nov 14	Musical Entertainment with Skip Morton	12:30-2:00 p.m.	Havre de Grace
Nov 14	Nutrition BINGO   Health food item prizes	10:45-11:30 p.m.	Havre de Grace
Nov 15	Fitness Room Orientation. Advance Registration requested at 410-939-5121.	1:00-2:00 p.m.	Havre de Grace
Nov 15	Lunch & a Movie   "Funny Face"   <b>Sign up in advance</b>	12:00 p.m.	Fallston
Nov 15	Musical Entertainment with Chuck Fisher singing classic songs	12:30-1:30 p.m.	McFaul
Nov 15	The Benefits of Tea   presentation by Diana Romano, RD. <b>Sign up in advance.</b>	11:00 a.m.-12:00 p.m.	Edgewood
Nov 18	Lunch & Learn: Brain Power with Christine Zeman. <b>Sign up in advance.</b>	12:00 p.m.	Fallston
Nov 19	AARP Meeting (classroom 3)	1:00-3:00 p.m.	Edgewood
Nov 19	Silver Reader   Mobile Harford Co. Public Library Tech Tutors in center from 12:15-1:00 p.m.	1:00-1:45 p.m.	Havre de Grace
Nov 19	Entertainment with Annie B: Singing, music and dancing. Light refreshments. <b>Sign up in advance.</b>	12:45-1:45 p.m.	Edgewood
Nov 19	Presentation: A Discussion of the Office on Aging Programs and Services with Tiffany Hively. <b>Sign up in advance.</b>	10:30-11:30 a.m.	Edgewood
Nov 20	Chair Volleyball - Casual, seated play with a beach ball. Just for fun!	12:45-1:45 p.m.	Edgewood
Nov 20	Silver Reader   Mobile Harford Co. Public Library	12:30-1:30 p.m.	McFaul
<b>Nov 20</b>	<b>WINTER CLASS REGISTRATION OPENS AT FALLSTON FOR FALLSTON CLASSES ONLY</b>		
Nov 21	BINGO - prizes will include household, personal, and seasonal items and snacks. <b>Sign up in advance.</b>	10:30-11:30 a.m.	Edgewood
Nov 21	Family Feud - <b>Sign up in advance.</b>	12:30-1:30 p.m.	Edgewood
Nov 21	Lunch at Noon & BINGO. <b>Sign up in advance.</b>	12:00 p.m. Lunch 1:00-3:00 p.m. Bingo	Fallston
Nov 21	Musical Entertainment with Doo Wop Dave Micelli	12:30-2:00 p.m.	Havre de Grace
Nov 21	Parkinson's Caregivers Support Group	1:30-3:15 p.m.	McFaul
<b>Nov 21</b>	<b>WINTER CLASS REGISTRATION OPENS AT MCFAUL FOR MCFAUL AND FALLSTON CLASSES ONLY</b>		

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Nov 22	Birthday Treats for November Birthdays	12:30 p.m.	McFaul
Nov 22	Gift Card BINGO	1:00-3:00 p.m.	Havre de Grace
Nov 22	Nutrition BINGO   Healthy food item prizes	10:30-11:30 a.m.	McFaul
Nov 22	Team Trivia with prizes	12:30-1:30 p.m.	McFaul

### Nov 22 WINTER CLASS REGISTRATION OPEN AT ALL CENTER LOCATIONS

Nov 25	Lunch & Learn   Diabetes and Holiday Eating with Diana Romano, RD. <b>Sign up in Advance</b>	12:00 p.m.	Fallston
Nov 25	Movie Day in the Lounge   Selection: "The Santa Clause"	9:45 a.m.	McFaul
Nov 26	Book Club   with Harford County Public Library staff. Selection: <i>Aunti Poldi and the Sicilian Lions</i> by Mario Giodano.	10:30-11:30 a.m.	Edgewood
Nov 26	Silver Reader   Mobile Harford County Public Library	10:45-11:45 a.m.	Edgewood
Nov 26	Silver Reader Tech Support. Call 410-638-4040 for more information or to sign up.	Call Center	McFaul
Nov 27	Blood Pressure and Senior Safety Fall Prevention   Conducted by UM Upper Chesapeake Health System HealthLink nursing staff.	9:30-11:30 a.m.	Havre de Grace
Nov 27	Book Club   with Harford County Public Library staff. Selection: <i>Eleanor Oiphant is Completely Fine</i> by Gail Honeyman. <b>Sign up in advance.</b>	1:00 p.m.	Fallston
Nov 27	Diabetes Support with Diana Romano, RD	10:00-11:00 a.m.	Edgewood
Nov 27	Diabetes Support with Rose Pollis, RN UM Upper Chesapeake Health System HealthLink	10:30-11:30	McFaul

### Nov 28 ALL CENTERS CLOSED IN OBSERVANCE OF THE THANKSGIVING HOLIDAY

### Nov 29 CENTERS CLOSED IN OBSERVANCE OF THE THANKSGIVING HOLIDAY

## Harford County Senior Activity Centers

**Edgewood Activity Center**  
 1000 Gateway Road, Edgewood  
 410-612-1622

**Havre de Grace Activity Center**  
 351 Lewis Lane, Havre de Grace  
 410-939-5121

**Fallston Activity Center**  
 1707 Fallston Road, Fallston  
 410-638-3260

**McFaul Activity Center**  
 525 W. MacPhail Road, Bel Air  
 410-638-4040

**Barry Glassman**  
 Harford County Executive

**Amber Shrodes**  
 Director  
 Dept. of Community Services

**Office on Aging**  
 Harford County Department of Community Services  
[www.harfordcountymd.gov](http://www.harfordcountymd.gov) 410.638.3025

