

2020 HEALTH SCREENING SCHEDULE

Upper Chesapeake Health Link will provide the following

FREE HEALTH SCREENINGS

to Harford County seniors ages 55+
at the Harford County Senior Activity Centers

January – Blood Pressure Screenings

9:30 a.m. - 11:30 a.m.

1st Monday – Edgewood
1st Wednesday – McFaul
2nd Wednesday – Fallston
4th Wednesday – Havre de Grace

February – Blood Pressure Screenings, Cholesterol Screenings (non-fasting)

9:30 a.m. - 11:30 a.m.

1st Monday – Edgewood
1st Wednesday – McFaul
2nd Wednesday – Fallston
4th Wednesday – Havre de Grace

March – Blood Pressure Screenings, Colorectal Cancer Prevention & Education

9:30 a.m. - 11:30 a.m.

1st Monday – Edgewood
1st Wednesday – McFaul
2nd Wednesday – Fallston
4th Wednesday – Havre de Grace

April – Blood Pressure & A1C Screenings, Diabetes Prevention Education

9:30 a.m. - 11:30 a.m.

1st Monday – Edgewood
1st Wednesday – McFaul
2nd Wednesday – Fallston
4th Wednesday – Havre de Grace

May – Blood Pressure & Stroke Risk Assessments

9:30 a.m. - 11:30 a.m.

1st Monday – Edgewood
1st Wednesday – McFaul
2nd Wednesday – Fallston
4th Wednesday – Havre de Grace

June – Skin Cancer Awareness

(Skin Analyzer Machine)

9:30 a.m. - 11:30 a.m.

1st Monday – Edgewood
1st Wednesday – McFaul
2nd Wednesday – Fallston
4th Wednesday – Havre de Grace

July – Blood Pressure & Osteoporosis Screening

9:30 a.m. - 11:30 a.m.

1st Monday – Edgewood
1st Wednesday – McFaul
2nd Wednesday – Fallston
4th Wednesday – Havre de Grace

August – Blood Pressure & Sleep Disorder Screening

9:30 a.m. - 11:30 a.m.

1st Monday – Edgewood
1st Wednesday – McFaul
2nd Wednesday – Fallston
4th Wednesday – Havre de Grace

September – Blood Pressure & Senior Safety & Fall Prevention Education

9:30 a.m. - 11:30 a.m.

2nd Monday – Edgewood
1st Wednesday – McFaul
2nd Wednesday – Fallston
4th Wednesday – Havre de Grace

October – Flu Shots (No Blood Pressure)

9:30 a.m. - 11:30 a.m.

1st Monday – Edgewood
1st Wednesday – McFaul
2nd Wednesday – Fallston
4th Wednesday – Havre de Grace

November – Blood Pressure and “My Plate, Healthy Eating” Education

9:30 a.m. - 11:30 a.m.

1st Monday – Edgewood
1st Wednesday – McFaul
2nd Wednesday – Fallston
4th Wednesday – Havre de Grace

December – Blood Pressure only

9:30 a.m. - 11:30 a.m.

1st Monday – Edgewood
1st Wednesday – McFaul
2nd Wednesday – Fallston
4th Wednesday – Havre de Grace

Note: In the event of a 2 hour delay, visits are cancelled



BARRY GLASSMAN
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