

GRADE FIVE
FAMILY LIFE AND HUMAN SEXUALITY UNIT
TEACHER VOCABULARY RESOURCE LIST

Grade Level First Introduced	Vocabulary Term	Definition
5	Adolescence	The stage of life between childhood and adulthood when puberty begins
5	Bodily Autonomy	The right for a person to choose what happens to their body, without being influenced by others
5	Cervix	opening of the uterus
5	Consent	Permission for something to happen
5	Ejaculation	forces the semen through the urethra and out of the body
5	Epididymis	Network of tubes where the sperm mature and are stored temporarily
5	Erection	when the penis fills with blood and becomes larger and harder
5	Estrogen	a female sex hormone that produces female secondary sex characteristics and effects the menstrual cycle
5	Fallopian Tube	carries the egg from the ovaries to the uterus
5	Family	two or more people who love and take care of each other
5	Fertilization	The joining together of a male sperm cell and a female egg cell
5	Hormones	Chemical substances made and released in one part of the body that cause a change in another part of the body
5	Hygiene	the things that you do to keep yourself and your surroundings clean in order to maintain good health (Webster)

5	Immune System	a collection of organs, cells, and tissues that work together to protect your body from diseases. The immune system works by creating antibodies to fight the source of the disease that is in us.
5	Implantation	The attachment of the fertilized ovum to the uterine wall
5	Menopause	a normal change in a woman's life, around the age of 45-55, when her period stops. Menopause happens because the ovary stops producing the hormones estrogen and progesterone.
5	Menstrual Cycle	a recurring cycle where the lining of the uterus prepares for pregnancy
5	Menstruation	flow of the lining material out of the female
5	Nocturnal Emissions	when a boy releases semen in his sleep
5	Ova	the female reproductive cell (also called the egg cell)
5	Ovary	stores the ova (egg) and hormones that cause the egg to mature
5	Ovulation	when the ovaries release one mature egg cell each month
5	Penis	the external sexual organ of the male
5	Personal Boundary	The rules or limits a person has for themselves
5	Puberty	the life development stage when sex organs mature into adulthood
5	Progesterone	a hormone that prepares the uterus for the fertilized ovum and maintains pregnancy
5	Safety Network	A group of 3-5 adults that a child can trust and who believes anything the child tells them. One safety network adult should be a person who is not a family member.
5	Scrotum	the sac that contains the testicles

5	Semen	mixture of sperm and fluid
5	Sperm	the male reproductive cell
5	Testicles	small glands that produce sperm
5	Testosterone	a male hormone that is released into the blood stream from the testes and causes the male secondary characteristic to develop during puberty
5	Urethra	small tube used for urination
5	Uterus	shelters and nourishes the growing baby
5	Vagina	muscular passageway from the uterus to the outside of the body
5	Vas Deferens	tubes that extend from the epididymis to the urethra