

**CURRICULUM UNIT:** Family Life and Human Sexuality**LESSON TITLE:** Female Reproductive System**MSC:**

Standard 1c.5.5: Describes human reproductive systems including medically accurate names for internal and external genitalia and their functions.

Standard 1c.5.6: Describe how puberty prepares human bodies for the potential to reproduce.

**OBJECTIVE:** Students will identify the parts and explain the function of the female reproductive system.

**PROCEDURES:**

**MATERIALS:** Female Reproductive System PowerPoint, Female Reproductive System Diagram (one per student), Female Reproductive System Knowledge Check (on itslearning), I learned/I wonder exit ticket

**VOCABULARY:** Ovary, Fallopian Tube, Vagina, Uterus, Cervix, Menstruation, Menstrual Cycle, Ova, Ovulation

1. **MOTIVATION:** Ask students what they know about the female reproductive system. Record student responses.
2. As a class, label the 5 body parts on the female system. Use the example script provided in the PowerPoint notes on Slide 3 as a guide to help explain the parts of the reproductive system and the function of each part.
  - a. During this time, also explain the process of the female menstrual cycle and menstruation. Review the information shared in the previous class about changes for females during puberty and healthy hygiene habits.
  - b. When discussing the menstrual cycle, also share that if a sperm cell meets an ova after ovulation occurs, then the fertilized egg cell will implant (attach) on the uterine wall. Most of the time this will not happen, and the egg cell will dissolve when it reaches the uterus.
3. Watch video: Am I Normal (Girls and Puberty). (Video run time is 1:56). Based on time available in the lesson, the following videos can be used.
  - a. Am I Normal (Girls and Puberty) is used for the hybrid/virtual setting.
    - i. <https://www.youtube.com/watch?v=FKHHjIVpuB8>
  - b. “Always Changing and Growing up for Girls” (Video run time 18:46)
    - i. Teacher can choose to show parts of the video based on areas that students need further explanation
    - ii. <https://www.youtube.com/watch?v=gv21b3ZpSLg>
4. Remind students that during the video they should write down any questions that they have on a piece of paper.
5. When the video is finished, answer any student questions. Be sure to review the changes that occur during puberty, the function of the reproductive organs, menstruation, and who they can talk to about any questions.
6. Next, students will complete the knowledge check on itslearning.

**CLOSURE:** Students should complete the exit ticket I learned/I still wonder. A handout is provided as an assignment in itslearning. You may also consider doing the closure questions through Microsoft Forms instead.

**FORMATIVE ASSESSMENT:** Labeling the female reproductive system, itslearning knowledge check, exit pass

**EXTENSION ACTIVITIES:**

**Female puberty video (Always Changing and Growing Up – Girls (18:46):**

Showing the entire video is an extension activity and should be shown in its entirety only if time allows. The video should not replace instruction from the teacher.

(<https://www.youtube.com/watch?v=gv21b3ZpSLg>)