

6th Grade Health Education Alternative Family Life Assignment

Day 2

Kids Need Recess Choices Magazine September 2017

1. Please read the, "Kids Need Recess."
2. Next, watch the video - "Centennial School's LEAP Hour" -
<https://www.youtube.com/watch?v=URfjDOht7j8>
3. Please complete the following papers after you read the article for credit:
 - a. Critical Thinking Questions
 - b. Go Outside and Play
4. Complete the organizer for your PowerPoint project:
 1. Day One: How Healthy Are You.. Really?
 - **Five** key pieces of information that show teens how to make good choices for their overall health
 2. Day Two: Do Teens Need Recess?
 - **Three** key pieces of information that show teens how to make good choices for their overall health