

Critical Thinking Questions

Do Teens Need Recess

Choices- Sept. 2017

1. Do you think students at your school have enough opportunities to take a break from their studies? If not, what changes would you suggest during the school day?
2. Do you feel like you are getting enough physical activity in your day? If not, what changes could you make to your schedule to fit more in?
3. Out of the four different corporate “recess” examples given in the sidebar, which would you be most likely to engage in? Why?