

Is This Abstinence Cards

**ABSTINENCE**

<b>Holding Hands</b>	<b>Hugging</b>	<b>Arm Around Shoulder</b>
<b>Arm Around Waist</b>	<b>Kissing</b>	<b>Talking about Sex</b>

WANT TO AVOID

<b>Touching of Breasts</b>	<b>Touching of Genitals</b>	<b>Taking Clothes Off</b>
<b>Being Alone Together</b>	<b>Sexting</b>	<b>Touching of Buttocks</b>

## NOT ABSTINENCE

**Any form of  
sexual contact:  
Vaginal  
Oral  
Anal**

## Abstinence Sort Headings

**Abstinence**

**Want to Avoid**

**Not Abstinence**