

Name: _____ Date: _____ Period: _____

Health Education Assessment
Family Life
7th Grade

Directions: Read each multiple choice and true/false and choose the best answer based on information learned in our family life unit.

1. The stage of life between childhood and adulthood when puberty begins is called?
 - A. Infancy
 - B. Puberty
 - C. Adolescence
 - D. Teenager
2. What is the life development stage when sex organs mature into adulthood?
 - A. Maturation
 - B. Puberty
 - C. Adolescence
 - D. Adulthood
3. What female reproductive system body part carries the egg cell to the uterus?
 - A. Ovary
 - B. Vagina
 - C. Fallopian Tube
 - D. Cervix
4. Which hormone is produced by the testes?
 - A. Testosterone
 - B. Adrenaline
 - C. Estrogen
 - D. Progesterone
5. Which hormones are produced by the ovaries?
 - A. Estrogen and Progesterone
 - B. Testosterone and Adrenaline
 - C. Adrenaline and Estrogen
 - D. Adrenaline and Progesterone

6. How often does a female have a menstrual cycle?
 - A. Yearly
 - B. Daily
 - C. Monthly
 - D. Weekly
7. Semen is a mixture of sperm and fluids that is ejaculated out of the
 - A. Urethra
 - B. Vagina
 - C. Testicles
 - D. Vas Deferens
8. What is the new egg cell produced by fertilization called?
 - A. An egg
 - B. An amnion
 - C. A zygote
 - D. An oviduct
9. Which is the correct order in which a baby develops?
 - A. Zygote, fetus, embryo
 - B. Embryo, zygote, fetus
 - C. Fetus, Embryo, Zygote
 - D. Zygote, Embryo, Fetus
10. Abstinence is the only 100% effective way to prevent sexually transmitted infections and unwanted pregnancy.
 - A. True
 - B. False
11. Which of the following reasons support abstinence from sexual activity?
 - A. Unwanted pregnancy
 - B. Avoiding sexually transmitted infections
 - C. Able to achieve future goals.
 - D. All of the above

12. Joe would like to engage in sexual intercourse and Denise is unsure because she is concerned about the impact of teen parenthood would have on their future. Joe continues to pressure Denise until she agrees. She is unhappy about her decision. Which area of wellness is unbalanced?
- A. Physical
 - B. Financial
 - C. Intellectual
 - D. Emotional
13. Where does fertilization occur?
- A. Fallopian tubes
 - B. Ovaries
 - C. Testes
 - D. Vas deferens
14. A sexually transmitted infection that is caused by a virus cannot be cured with antibiotics.
- A. True
 - B. False
15. It is always possible to tell by looking at a person that they are infected with a sexually transmitted infection.
- A. True
 - B. False
16. HIV/Aids can be spread by which of the following?
- A. Vaginal Secretions
 - B. Blood
 - C. Semen
 - D. All of the Above
17. What is it called when a mature ovum is released from an ovary into a fallopian tube?
- A. Ovulation
 - B. Menstruation
 - C. Mitosis
 - D. Fertilization
18. It is possible to cure all Sexually Transmitted Infections.
- A. True
 - B. False