

Unit 6 Overview: Family Life and Human Sexuality- TEACHER FACING ONLY- Do Not Publish

Family Life and Human Sexuality Unit Overview

This unit focuses on family life and human sexuality concepts including sexting, understanding gender stereotypes, and sexual orientation, changes that occur during puberty, understanding the anatomy and physiology of the human reproductive systems, understanding the process of human reproduction, understanding the cause, transmission, and prevention of STIs including HIV/AIDS, the advantages of abstinence and how birth control methods work to prevent pregnancy. This unit uses district-created lessons and provides an opt-out option for all students.

Desired Results	
Established Goals Students will understand how the personal development of adolescents is impacted by family relationships, puberty, and personal views and decisions concerning sexual behaviors.	Transfer
	Students will be able to independently use their learning to develop health-enhancing behaviors that support health and well-being during the adolescent years.
	Meaning
	Enduring Understandings: The personal development of adolescents is impacted by family relationships, puberty, and personal views and decisions concerning sexual behaviors. Essential Questions: 1. What are the different ways that both the male and female change during puberty? 2. How can gender stereotypes be harmful to one's health? 3. Explain the importance of prenatal care. 4. List the steps from fertilization to birth. 5. How can practicing self-management skills and advocacy positively influence individuals' health behaviors?
	Acquisition
	• Students will know the changes during puberty that prepare the body for reproduction, the functions of the reproductive systems, the process of human reproduction, and strategies to help avoid or reduce health risks. • Students will be skilled at adopting health-enhancing behaviors that support their health and wellbeing during adolescence.

Evidence and Assessment

Evaluative Criteria

Students will be evaluated on their understanding of concepts related to puberty, reproductive system anatomy and physiology, the process of human reproduction, sexually transmitted infections, birth control, and the advantages of abstinence.

Assessment Evidence

At the conclusion of this unit, students will be assessed through a district-wide assessment that assesses students' understanding of core concepts related to reproductive system anatomy and physiology, human reproduction, sexually transmitted infections, birth control, and abstinence.

Supplementary Evidence

Assessments throughout the unit include district-wide assignments, knowledge checks, and quizzes.

Learning Plan

General Unit Resources for Teachers:

[HE8 Family Life Classroom Rules.docx](https://harford.instructure.com/courses/64857/files/19630702?wrap=1) (https://harford.instructure.com/courses/64857/files/19630702?wrap=1) 
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[HE8.U6 Family Life Letter English .docx](https://harford.instructure.com/courses/64857/files/19630700?wrap=1) (https://harford.instructure.com/courses/64857/files/19630700?wrap=1) 
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[HE8.U6 Family Life Letter Spanish.docx](https://harford.instructure.com/courses/64857/files/19630704?wrap=1) (https://harford.instructure.com/courses/64857/files/19630704?wrap=1) 
(https://harford.instructure.com/courses/64857/files/19630704/download?download_frd=1)

[HE8 Teaching Sensitive Topics in Health Education.docx](https://harford.instructure.com/courses/64857/files/19630689?wrap=1) (https://harford.instructure.com/courses/64857/files/19630689?wrap=1) 
(https://harford.instructure.com/courses/64857/files/19630689/download?download_frd=1)

[HE8 Window of Tolerance Graphic.pdf](https://harford.instructure.com/courses/64857/files/19630697?wrap=1) (https://harford.instructure.com/courses/64857/files/19630697?wrap=1) 
(https://harford.instructure.com/courses/64857/files/19630697/download?download_frd=1)

[HE8 Window of Tolerance Guidance.docx](https://harford.instructure.com/courses/64857/files/19630706?wrap=1) (https://harford.instructure.com/courses/64857/files/19630706?wrap=1) 
(https://harford.instructure.com/courses/64857/files/19630706/download?download_frd=1)

[HE8 Answering Difficult Questions Protocol.docx](https://harford.instructure.com/courses/64857/files/19630688?wrap=1) (https://harford.instructure.com/courses/64857/files/19630688?wrap=1) 
(https://harford.instructure.com/courses/64857/files/19630688/download?download_frd=1)

[HE Addressing Parent Concerns about Family Life Curriculum.docx](https://harford.instructure.com/courses/64857/files/19630683?wrap=1)
(https://harford.instructure.com/courses/64857/files/19630683?wrap=1) 
(https://harford.instructure.com/courses/64857/files/19630683/download?download_frd=1)

[HE8.U6 Secondary Family Life and Human Sexuality Unit Vocabulary by Grade Level.docx](https://harford.instructure.com/courses/64857/files/19630705?wrap=1)
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(https://harford.instructure.com/courses/64857/files/19630705/download?download_frd=1)

[HE8.U6 Family Life Student Vocabulary Resource .docx](https://harford.instructure.com/courses/64857/files/19630701?wrap=1) (https://harford.instructure.com/courses/64857/files/19630701?wrap=1) 
(https://harford.instructure.com/courses/64857/files/19630701/download?download_frd=1)

[HE8.U6 Family Life Student Vocabulary Resource Answer Key.docx](#)

<https://harford.instructure.com/courses/64857/files/19630718?wrap=1> 

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**[S7 Self Management Skill Cues.pdf](#) (<https://harford.instructure.com/courses/64857/files/19630716?wrap=1>) **

https://harford.instructure.com/courses/64857/files/19630716/download?download_frd=1

**[S8 Advocacy Skill Cues.pdf](#) (<https://harford.instructure.com/courses/64857/files/19630699?wrap=1>) **

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Family Life Unit - Opt-Out Assignment:

**[HE8 Alternate Family Life Assignment.docx](#) (<https://harford.instructure.com/courses/64857/files/19630723?wrap=1>) **

https://harford.instructure.com/courses/64857/files/19630723/download?download_frd=1

Lesson Title and Duration	Overview and Teacher Resources	MSDE Content Performance Indicators	MSDE Skill Performance Indicators
Lessons 1&2: Sexting (2 days) - Importance of assuming responsibility for refusing, reporting, and preventing unhealthy digital behaviors - Define sexting - Risks and consequences - Scenario skill practice	Teacher Resources: <u>HE8.U6.L1 Sexting and Communication Lesson Plan.docx</u> (<u>https://harford.instructure.com/courses/64857/files/19630726?wrap=1</u>)  (<u>https://harford.instructure.com/courses/64857/files/19630726/download?download_frd=1</u>) <u>HE8.U6.L1 Reducing the Risks with Effective Communication (Sexting).pptx</u> (<u>https://harford.instructure.com/courses/64857/files/19630725?wrap=1</u>)  (<u>https://harford.instructure.com/courses/64857/files/19630725/download?download_frd=1</u>) <u>HE8.U6.L1 Day 1-2 Scenarios Resource.docx</u> (<u>https://harford.instructure.com/courses/64857/files/19630730?wrap=1</u>)  (<u>https://harford.instructure.com/courses/64857/files/19630730/download?download_frd=1</u>) Required Lesson Activities: <u>HE8.U6.L1 Day 1-Benefits of Effective Communication Student Worksheet.docx</u> (<u>https://harford.instructure.com/courses/64857/files/19630724?wrap=1</u>)  (<u>https://harford.instructure.com/courses/64857/files/19630724/download?download_frd=1</u>) <u>HE8.U6.L1 Day 2- Reducing the Risks Student Worksheet.docx</u> (<u>https://harford.instructure.com/courses/64857/files/19630731?wrap=1</u>)  (<u>https://harford.instructure.com/courses/64857/files/19630731/download?download_frd=1</u>)	Analyze the negative consequences of sending sexually explicit pictures or messages by e-mail or cell phone or posting sexually explicit pictures on social media sites. 1c.8.19	- Explain the importance of assuming responsibility for personal health behaviors. 7.MS.a - Demonstrate healthy practices and behaviors that will maintain or improve the health self and others. 7.MS.b - Demonstrate behaviors that avoid reduce health risk to self and others. 7.MS.c

Lesson 3: Relationships (1 day) • Components of a healthy relationship • Dynamics of a relationship • Healthy v. unhealthy	Teacher Resources: <u>HE8.U6.L3 Relationships Lesson Plan.docx</u> (https://harford.instructure.com/courses/64857/files/19630722?wrap=1)  (https://harford.instructure.com/courses/64857/files/19630722/download?download_frd=1) <u>HE8.U6.L3 Relationships PPT.pptx</u> (https://harford.instructure.com/courses/64857/files/19630670?wrap=1)  (https://harford.instructure.com/courses/64857/files/19630670/download?download_frd=1) <u>HE8.U6.L3 Relationship Scenarios.docx</u> (https://harford.instructure.com/courses/64857/files/19630669?wrap=1)  (https://harford.instructure.com/courses/64857/files/19630669/download?download_frd=1) <u>HE8.U6.L3 Instead of Saying This Say That.pdf</u> (https://harford.instructure.com/courses/64857/files/19630668?wrap=1)  (https://harford.instructure.com/courses/64857/files/19630668/download?download_frd=1) Required Lesson Activities: Paper Airplane Activity as outlined in lesson plan	• Distinguish healthy relationships from unhealthy ones. 1c.8.1
Lesson 4: Gender Identification and Sexual Orientation (1 day) • Evaluate stereotypes related to sexuality and their impact on discrimination and harassment	Teacher Resources: <u>HE.U6.L4 Gender Identification and Sexual Orientation Lesson Plan.docx</u> (https://harford.instructure.com/courses/64857/files/19630729?wrap=1)  (https://harford.instructure.com/courses/64857/files/19630729/download?download_frd=1) <u>HE8.U6.L4 Gender Identification and Sexual Orientation PPT.pptx</u> (https://harford.instructure.com/courses/64857/files/19630732?wrap=1)  (https://harford.instructure.com/courses/64857/files/19630732/download?download_frd=1) <u>HE8.U6.L4 TEACHER Resource - Gender Identification and Sexual Orientation Vocabulary Resource.docx</u> (https://harford.instructure.com/courses/64857/files/19630728?wrap=1) 	• Explain sex assigned at birth and gender identity and explain how they may or may not differ. 1c.8.7 • Describe sexual identity and explain a range of identities related to sexual orientation. 1c.8.8

	(https://harford.instructure.com/courses/64857/files/19630728/download?download_frd=1) Required Lesson Activities: HE8.U6.L4 Building Empathy Scenarios.docx (https://harford.instructure.com/courses/64857/files/19630727?wrap=1) ↓ (https://harford.instructure.com/courses/64857/files/19630727/download?download_frd=1)	Describe how intolerance can affect others when aspects of their sexuality are different from one's own. 1c.8.9
Lessons 5 & 6: Reproductive Systems (2 days) Function of anatomy	Teacher Resources: HE8.U6.L5-6 Female Reproductive System Lesson Plan.docx (https://harford.instructure.com/courses/64857/files/19630707?wrap=1) ↓ (https://harford.instructure.com/courses/64857/files/19630707/download?download_frd=1) HE8.U6.L5-6 Female Reproductive System PPT.pptx (https://harford.instructure.com/courses/64857/files/19630671?wrap=1) ↓ (https://harford.instructure.com/courses/64857/files/19630671/download?download_frd=1) HE8.U6.L5-6 Teacher Female Reproductive System Resource.docx (https://harford.instructure.com/courses/64857/files/19630720?wrap=1) ↓ (https://harford.instructure.com/courses/64857/files/19630720/download?download_frd=1) HE8.U6.L5-6 Male Reproductive System Lesson Plan.docx (https://harford.instructure.com/courses/64857/files/19630686?wrap=1) ↓ (https://harford.instructure.com/courses/64857/files/19630686/download?download_frd=1) HE8.U6.L5-6 Male Reproductive System PPT.pptx (https://harford.instructure.com/courses/64857/files/19630709?wrap=1) ↓ (https://harford.instructure.com/courses/64857/files/19630709/download?download_frd=1) HE8.U6.L5-6 Teacher Male Reproductive System Resource.docx (https://harford.instructure.com/courses/64857/files/19630685?wrap=1) ↓ (https://harford.instructure.com/courses/64857/files/19630685/download?download_frd=1) HE8.U6.L5-6 Female Reproductive System Knowledge Check Questions.docx	Summarize human reproductive systems including medically accurate names for internal and external genitalia and their functions. 1c.8.10

	(https://harford.instructure.com/courses/64857/files/19630678?wrap=1) ↓ (https://harford.instructure.com/courses/64857/files/19630678/download?download_frd=1) <u>HE8.U6.L5-6 Male Reproductive System Knowledge Check Questions.docx</u> (https://harford.instructure.com/courses/64857/files/19630680?wrap=1) ↓ (https://harford.instructure.com/courses/64857/files/19630680/download?download_frd=1) Required Lesson Activities: <u>HE8.U6.L5-6 Student- Female Reproductive System Worksheet.docx</u> (https://harford.instructure.com/courses/64857/files/19630710?wrap=1) ↓ (https://harford.instructure.com/courses/64857/files/19630710/download?download_frd=1) <u>HE8.U6.L5-6 Student-Male Reproductive System Worksheet.docx</u> (https://harford.instructure.com/courses/64857/files/19630677?wrap=1) ↓ (https://harford.instructure.com/courses/64857/files/19630677/download?download_frd=1)	
Lesson 7: Human Reproduction (1 day) • Fertilization • Menstrual Cycle stages • Implantation	Teacher Resources: <u>HE8.U6.L6 Human Reproduction Lesson Plan.docx</u> (https://harford.instructure.com/courses/64857/files/19630694?wrap=1) ↓ (https://harford.instructure.com/courses/64857/files/19630694/download?download_frd=1) <u>HE8.U6.L7 Human Reproduction PPT.pptx</u> (https://harford.instructure.com/courses/64857/files/19630673?wrap=1) ↓ (https://harford.instructure.com/courses/64857/files/19630673/download?download_frd=1) <u>HE8.U6.L7 Fertilization Flow Chart Teacher Resource.docx</u> (https://harford.instructure.com/courses/64857/files/19630675?wrap=1) ↓ (https://harford.instructure.com/courses/64857/files/19630675/download?download_frd=1) <u>HE8.U6.L7 Menstrual Cycle Worksheet Teacher Resource.docx</u> (https://harford.instructure.com/courses/64857/files/19630719?wrap=1) ↓ (https://harford.instructure.com/courses/64857/files/19630719/download?download_frd=1)	• Explain menstruation, fertilization, and implantation. 1c.8.11

	Required Lesson Activities: <u>HE8.U6.L7 Human Reproduction Vocabulary Completed Organizer.docx</u> https://harford.instructure.com/courses/64857/files/19630674?wrap=1 ↓ https://harford.instructure.com/courses/64857/files/19630674/download?download_frd=1 <u>HE8.U6.L7 Fertilization Flow Chart Student Worksheet.docx</u> https://harford.instructure.com/courses/64857/files/19630672?wrap=1 ↓ https://harford.instructure.com/courses/64857/files/19630672/download?download_frd=1 <u>HE8.U6.L7 Menstrual Cycle Student Worksheet.docx</u> https://harford.instructure.com/courses/64857/files/19630687?wrap=1 ↓ https://harford.instructure.com/courses/64857/files/19630687/download?download_frd=1	
Lesson 8: Sexually Transmitted Infections (1 day) • Introduction • Viral STIs	Teacher Resources: <u>HE8.U6.L8-9 Sexually Transmitted Infections Lesson Plan.docx</u> https://harford.instructure.com/courses/64857/files/19630676?wrap=1 ↓ https://harford.instructure.com/courses/64857/files/19630676/download?download_frd=1 <u>HE8.U6.L8-9 Sexually Transmitted Infections PPT.pptx</u> https://harford.instructure.com/courses/64857/files/19630711?wrap=1 ↓ https://harford.instructure.com/courses/64857/files/19630711/download?download_frd=1 <u>HE8.U6.L8-9 Sexually Transmitted Infections Knowledge Check Questions.docx</u> https://harford.instructure.com/courses/64857/files/19630713?wrap=1 ↓ https://harford.instructure.com/courses/64857/files/19630713/download?download_frd=1 Required Lesson Activities: <u>HE8.U6.L8-9 Sexually Transmitted Infections Completed Resource.docx</u> https://harford.instructure.com/courses/64857/files/19630712?wrap=1 ↓	• Explain ways sexually active people can reduce the risk of HIV, and other STIs including condoms and preventative medications. 1c.8.13

	https://harford.instructure.com/courses/64857/files/19630712/download?download_frd=1	
Lesson 9: Sexually Transmitted Infections (1 day) - Bacterial and parasitic STIs - Intro to birth control - Categories of birth control and examples	Teacher Resources: Use resources from Lesson 8: Sexually Transmitted Infections Required Lesson Activities:	Explain ways sexually active people can reduce the risk of HIV, and other STIs including condoms and preventative medications. 1c.8.13
Lesson 9-10: Birth Control - Methods - Effectiveness of each in preventing pregnancy and STIs - Advantages and disadvantages	Teacher Resources: HE8.U6.L9-10 Birth Control Lesson Plan.docx ↓ HE8.U6.L9-10 Birth Control PPT.pptx ↓ HE8.U6.L9-10 Birth Control Categories and Examples Completed Resource.docx ↓ Required Lesson Activities: HE8.U6.L9-10 Student- Birth Control Category Worksheet.docx ↓ HE8.U6.L9-10 Birth Control Types Completed Resource.docx ↓	- Describe ways sexually active people can reduce the risk of pregnancy. 1c.8.12 - Explain ways sexually active people can reduce the risk of HIV, and other STIs including condoms and preventative medications. 1c.8.13

	https://harford.instructure.com/courses/64857/files/19630715/download?download_frd=1		
Lesson 11: Family Life and Human Sexuality Unit Assessment (.5 days) • District-wide test	Teacher Resources: HE8.U6.L11 Family Life Unit Assessment Answer Key 22-23.docx https://harford.instructure.com/courses/64857/files/19630693?wrap=1  https://harford.instructure.com/courses/64857/files/19630693/download?download_frd=1 Required Lesson Activities: HE8.U6.L11 Family Life Unit Assessment 22-23.docx https://harford.instructure.com/courses/64857/files/19630690?wrap=1  https://harford.instructure.com/courses/64857/files/19630690/download?download_frd=1	N/A	N/A