

UNIT 6: Family Life and Human Sexuality

LESSON TITLE: Sexually Transmitted Infections

Health Literacy Skill:

- Core Concepts

MSDE Performance Indicators:

1c.8.13: Explain ways sexually active people can reduce the risk of HIV, and other STIs including condoms and preventive medications.

OBJECTIVES: Students will be able to explain the possible risks of being sexually active and explain ways to reduce the risk of HIV and other STIs.

Teacher Notes:

1. Teachers are encouraged to use best practices when presenting material to students.
2. Before starting the lesson, review class expectations and Family Life guidelines with the class.
3. Remind students of anonymous question protocol.
 - a) **Teacher Suggestion:** Question box and/or Anonymous Padlet Page.
 - b) Padlet page for students to use throughout the family life unit and/or quarter. This should be added to each lesson. Be sure to review the settings...attribution should be off; require approval should be on.
4. **Teachers should review Family Life Teacher Resources:**
 - a) Secondary Family Life Teacher Vocabulary Resource
 - b) Answering Difficult Question Document
 - c) Teaching Sensitive Topics in Health Education

VOCABULARY:

Sexually Transmitted Infection

Viral Infection

Bacterial Infection

Types of Viral and Bacterial Infections

Abstinence

Condoms

MATERIALS:

STI PowerPoint

STI Completed Notes

Motivation: Warm-Up: Ask students the following questions:

- a. What are the bodily fluids that spread sexually transmitted infections?
 - i. **Possible responses :** Blood, saliva, sperm. (Make corrections to provide accurate information when needed)
- b. What ways are bodily fluids spread?
 - i. **Possible Responses:** Sexually activity, transmission of blood, kissing (Make corrections to provide accurate information when needed)
- c. Teachers must use the questions above but can decide the best practice on how their students respond.

Lesson Procedures:

1. **Discussion:** Definition of an STI and explanation of how STIs are spread.

2. **Discussion: Preventing STI's: Abstinence and Condoms:**

- **Abstinence:** Share definition and effectiveness with students. Share with students that practicing abstinence is a refusal skill and connects to setting boundaries.
- **Condoms:** Share definition, effectiveness, and type of method with students. Share with students this information will be discussed again in the birth control lesson.

3. **Discussion:** Difference between a viral and bacterial infection. Share with students the overview of which Viral Sexually Transmitted Infections will be discussed and share again that viral STIs cannot be cured:

- a. Genital Herpes
- b. Genital Warts
- c. HIV/AIDS

4. **Discussion: Viral Sexually Transmitted Infections:**

- a. Inform students they will be viewing pictures of STI's however they are not on the genitals. Please be mindful of students that may have a difficult time seeing these types of pictures.
- b. **Teacher Instruction :** The animations are set so that the pictures will not appear at the same time as the content is showing. Teachers can click again to forward PPT, and pictures will show
- c. Share information on all the viral STI's and encourage students to ask questions. Remind students of the Anonymous Padlet Page to ask their questions as well.
- d. Information on complications for each viral STI is provided in the note section

5. **Discussion: Bacterial Sexually Transmitted Infections:** Share with students the overview of which Bacterial Sexually Transmitted Infections will be discussed and sharing again that bacterial STI's can be cured however can be contracted again if encounter the bacteria:

- a. Gonorrhea
- b. Chlamydia
- c. Syphilis

6. **Discussion: Bacterial Sexually Transmitted Infections:**

- a. Inform students they will be viewing pictures of STI's however they are not on the genitals. Please be mindful of students that may have a difficult time seeing these types of pictures.
- b. **Teacher Instruction :** The animations are set so that the pictures will not appear at the same time as content is showing. Teachers can click again to forward PPT, and pictures will show
- c. Share information on all the viral STI's and encourage students to ask questions. Remind students of the Anonymous Padlet Page to ask their questions as well.
- d. Information on complications for each viral STI is provided in the note section

7. **Discussion: Parasitic Insects: Pubic Lice :** As noted above, the same process would take place for the conversation about Pubic Lice.

Closure: Knowledge Check: Teachers should select a strategy to review information on viral and bacterial STIs with students. Remind students to utilize the Anonymous Padlet Question Page and/or the Question Box if they have any questions about STIs.

FORMATIVE ASSESSMENT: Knowledge Check