

Health Education Assessment
Family Life
8th Grade

Multiple Choice and True/False: Read each question and choose the best answer.

1. The stage of life between childhood and adulthood when puberty begins is called?
 - A. Infancy
 - B. Puberty
 - C. Adolescence
 - D. Teenager
2. What is the life development stage when sex organs mature into adulthood?
 - A. Maturation
 - B. Puberty
 - C. Adolescence
 - D. Adulthood
3. What female reproductive system body part carries the egg cell to the uterus?
 - A. Ovary
 - B. Vagina
 - C. Fallopian Tube
 - D. Cervix
4. How often does a female have a menstrual cycle?
 - A. Yearly
 - B. Daily
 - C. Monthly
 - D. Weekly
5. Semen is a mixture of sperm and fluids that is ejaculated out of the
 - A. Urethra
 - B. Vagina
 - C. Testicles
 - D. Vas Deferens
6. What is the new egg cell produced by fertilization called?
 - A. An egg
 - B. An amnion
 - C. A zygote
 - D. An oviduct
7. Which is the correct order in which a baby develops?
 - A. Zygote, fetus, embryo
 - B. Embryo, zygote, fetus
 - C. Fetus, Embryo, Zygote

D. Zygote, Embryo, Fetus

8. What is the only 100% effective way to prevent sexually transmitted infections and unwanted pregnancy?

- A. Condoms
- B. Withdrawal
- C. Contraceptive Patch
- D. Abstinence

9. Which of the following reasons support Abstinence from sexual activity?

- A. Preventing unwanted pregnancy
- B. Avoiding sexually transmitted infections
- C. Able to achieve future goals.
- D. All of the above

10. Where does fertilization occur?

- A. Fallopian tubes
- B. Ovaries
- C. Testes
- D. Vas deferens

11. A sexually transmitted infection that is caused by a virus can be cured with antibiotics.

- A. True
- B. False

12. It is always possible to tell by looking at a person that they are infected with a sexually transmitted infection.

- A. True
- B. False

13. HIV/Aids cannot be spread by which of the following?

- A. Vaginal Secretions
- B. Blood
- C. Semen
- D. Saliva

14. What is it called when a mature ova is released from an ovary into a fallopian tube?

- A. Ovulation
- B. Menstruation
- C. Mitosis
- D. Fertilization

15. Which form of contraception is a long term birth control method?

- A. Depo-Provera

- B. IUD
- C. Oral Contraceptives
- D. Spermicides

16. Which of the following is the most effective form of birth control?

- A. Abstinence
- B. Condoms
- C. Vaginal Ring
- D. Spermicides

17. Which of the following are advantages of Abstinence?

- A. It is 100% effective in preventing STI's.
- B. It is 100% effective in preventing unwanted pregnancy.
- C. It is free
- D. All of the above

18. Which of the following are disadvantages of Condoms?

- A. They can break.
- B. They are not 100% effective.
- C. Both A and B.
- D. None of the above.

19. Which of the following is a barrier method of birth control?

- A. Condoms
- B. Abstinence
- C. Vaginal Ring
- D. Contraceptive

20. Which of the following are hormonal methods of birth control?

- A. Condoms
- B. Abstinence and Withdrawal
- C. Pill and Ring
- D. Spermicides

21. Which of the following Sexually Transmitted Infections are caused by bacteria?

- A. Syphilis
- B. Genital Warts
- C. Genital Herpes
- D. Pubic Lice

22. Which of the following Sexually Transmitted Infections are caused by a virus?

- A. Pubic Lice
- B. Genital Herpes
- C. Chlamydia
- D. Gonorrhea

23. Jordan and Taylor are in a relationship. Jordan wants the relationship to be more sexually active, while Taylor isn't sure. What is the most appropriate response for Taylor?

- A. Give into Jordan's request even though you're not comfortable
- B. Break up with Jordan
- C. Have an honest conversation about respect and boundaries
- D. Promise that you will be more physical even though you know you will not

24. All types of sexual activity can place people at risk for sexually transmitted infections.

- A. True
- B. False