Name: _____   Date: _____

Healthy Relationships and Consent Analysis

   While every relationship is different, healthy boundaries and the characteristics of a healthy relationship are universal. Relationship dynamics are portrayed and modeled in every area of our lives. From our social media posts, videos, music, video games, television shows and personal interactions we get to see most every aspect of relationships. Have you ever stopped to pay attention to the relationships you are engaging in? It is time to pay attention to the details!

   You are going to watch Television, Netflix (or any other streaming option) or Movies (I'm not kidding!) that you enjoy in order to analyze the relationships between the characters. While watching, you are looking for examples of healthy or unhealthy relationships and consent.

   You will complete this analysis based on the information we have covered concerning consent and creating healthy relationships. You may use your notes or other resources.

Shows or Movies you watched for analysis: You Need at least TWO!

_____   _____

_____   _____

Relationship Dynamics: Provide TWO examples from your sources of relationship dynamics to complete the chart.

Scene Description	List the relationship	Reflection: What do you think	How could the scene change to
Describe what is happening in the scene you are referring to.	characteristics observed from list of **Healthy and Unhealthy**	is the message in the scene?	create a better example of a healthy relationship? If the scene is healthy, explain why this is a

	characteristics		positive example.

<u>Consent:</u> Provide two examples from your research about consent. Complete the chart below.

Scene Description Describe what is happening in the scene you are referring to.	1. Was consent given properly? (Yes or No) 2. <u>Which of the four components of consent were included?</u> **(List all that apply)** These are in your notes!	How could the characters be clearer about giving consent? What could they have done to make sure they had consent and gave consent properly but still made it seem natural?
	1. 2.	
	1. 2.	

After you have completed the analysis, answer the following questions.

1. After analyzing the shows you watch, what surprised you? **Explain.**

2. Describe the impact our shows and movies have on our expectations for our romantic relationships.

3. Explain the benefits or consequences on our relationships that have occurred because of this impact?

4. Provide a positive solution to change how relationship expectations are demonstrated.

5. Do you feel that consent is clearly modeled in the media that you watched?

      a. Provide a positive solution to change or enhance how consent is demonstrated in our media.