



Analyzing Influences

Analyzing Influences Skills Rubric

Analyzing influences is a skill that has students examine how two types of influences affect their behavior. The first is outside influences. These include family, friends, movies, culture, television, music, and technology, such as the Internet. The other influence is internal. This includes curiosity, desires, fears, perceived social norms, and interests. These influences can be positive or negative. This skill challenges students to understand how these influences affect their health and behavior towards various situations.

Skill Model:



Rating		Description
Above Mastery	4	Fully recognizes relevant influences--both internal and external. Accurately and completely explains how the influence impacts them personally, their family, and/or their community. Able to choose positive influences and provide strategies to protect themselves from negative influences. Evidence of reflection on influences.
Mastery of Grade Level Standards	3	Recognizes relevant influences and includes both internal and external. Provides a general explanation of how the influences impact them personally, their family, and/or their community. Able to choose positive influences, and attempts to provide strategies to protect themselves from negative influences.
Approaching Mastery	2	Recognizes the influences, but may not include both internal and external. Does not provide an effective explanation of how the influence affects them personally, their family, and/or their community.
Novice	1	No relevant influences are identified. Explanation is missing or a misunderstanding of the impact of the influence.

Notes:

The key word for student work scoring a 4 is impact. The student needs to recognize and state an influence. Higher-level thinking skills require the student to analyze, evaluate, and interpret this

influence on health. Classroom activities must focus on the exploration of internal (curiosity, fear, interest, etc.) and external (media, culture, peer, ethnic, societal, etc.) influences.

