

# HEALTHY RELATIONSHIPS AND CONSENT

5<sup>th</sup> Grade

Family Life Unit

# OBJECTIVE:

STUDENTS WILL DEMONSTRATE EFFECTIVE STRATEGIES TO COMMUNICATE PERSONAL BOUNDARIES AND CONSENT.  
STUDENTS WILL EXPLAIN THE IMPORTANCE OF TALKING WITH PARENTS AND OTHER TRUSTED ADULTS.

## Warm up:

What is a boundary?

Why are boundaries set or used?



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# PERSONAL BOUNDARY

Personal boundaries are the rules or limits a person has for themselves.

Personal boundaries help a person:

Remain  
Safe

Stay  
Healthy

Be  
Respected

# WHAT IS CONSENT?



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**Consent:**

Permission for something to happen



# WHEN DO WE NEED TO ASK FOR CONSENT?

# WHAT DOES CONSENT SOUND LIKE?



WHAT CAN YOU DO IF YOU  
DO NOT GIVE CONSENT?

# WHAT HAPPENS NEXT?

## **Consent Example:**

1. Read the scenario.
2. Brainstorm ways the person can respond to show they give consent.
3. Finish the scenario by writing or drawing what happens next.

## **Non-Consent Example:**

1. Read the scenario.
2. Brainstorm ways the person can respond to show they do NOT give consent.
3. Finish the scenario by writing or drawing what happens next.

# TRUSTED ADULTS



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What are important qualities of a trusted adult?



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## Closure:

1. I now understand that consent...
2. Having a safety network is important because...
3. I am still wondering...

