



HEALTHY RELATIONSHIPS AND CONSENT

5th Grade

Family Life Unit

OBJECTIVE:

STUDENTS WILL DEMONSTRATE EFFECTIVE STRATEGIES TO COMMUNICATE PERSONAL BOUNDARIES AND CONSENT.

STUDENTS WILL EXPLAIN THE IMPORTANCE OF TALKING WITH PARENTS AND OTHER TRUSTED ADULTS.

Warm up:

What is a boundary?

Why are boundaries set or used?



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PERSONAL BOUNDARY

Personal boundaries are the rules or limits a person has for themselves.

Personal boundaries help a person:

Remain
Safe

Stay
Healthy

Be
Respected

WHAT IS CONSENT?



WHAT IS CONSENT?

WHAT IS CONSENT?

Consent:

Permission for something to happen



WHEN DO WE NEED TO ASK FOR CONSENT?

WHAT DOES CONSENT SOUND LIKE?

WHAT CAN YOU DO IF YOU DO NOT GIVE CONSENT?

WHAT HAPPENS NEXT?

Consent Example:

1. Read the scenario.
2. Brainstorm ways the person can respond to show they give consent.
3. Finish the scenario by writing or drawing what happens next.

Non-Consent Example:

1. Read the scenario.
2. Brainstorm ways the person can respond to show they do NOT give consent.
3. Finish the scenario by writing or drawing what happens next.

TRUSTED ADULTS



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What are important qualities of a trusted adult?



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Closure:

1. I now understand that consent...
2. Having a safety network is important because...
3. I am still wondering...

