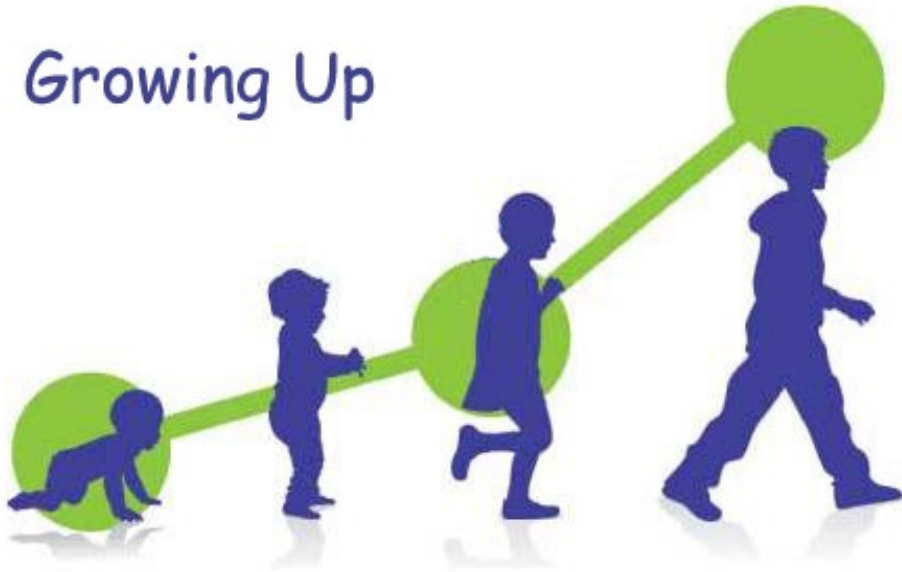


# Puberty

## Objective:

Students will describe how the changes during puberty prepare the body for reproduction.

Growing Up



# Warm-Up

What are some changes that take place during puberty?

A vertical decorative bar on the left side of the slide, featuring a variety of colorful shapes including circles, rectangles, and curved lines in shades of red, yellow, blue, and teal.

# Vocabulary

## Puberty

The time of life when the sex organs mature into adulthood

## Adolescence

The stage of life when childhood and adulthood when puberty begins

## Hygiene

The things you do to keep yourself and your surroundings clean in order to maintain good health



# Is Jordan a Boy or a Girl?

- ✓ Read the short story about Jordan. Using the information in the text determine whether Jordan is a boy or a girl.
- ✓ In your response, be sure to justify your answer using specific details from the text.
- ✓ Please be prepare for class discussion

# Puberty Changes

- ✓ Read through the puberty changes.
- ✓ Mark off which puberty changes you believe occur to males, females, or both genders.





Share your responses with others to see similarities and differences.



# Let's Review

As we review the answers, make any necessary corrections to your worksheet.



<b>Puberty Change</b>	<b>Boys</b>	<b>Girls</b>	<b>Both</b>
<b>1. Grow taller</b>			<b>X</b>
<b>2. Skin gets oily</b>			<b>X</b>
<b>3. Acne (pimples)</b>			<b>X</b>
<b>4. Voice changes</b>	<b>X</b>		
<b>5. Hair grows on face</b>	<b>X</b>		
<b>6. Hair gets oily</b>			<b>X</b>
<b>7. Hair grows in underarms</b>			<b>X</b>
<b>8. Hair grows on genitals (pubic hair)</b>			<b>X</b>
<b>9. Sweat glands develop</b>			<b>X</b>
<b>10. Hips get bigger</b>		<b>X</b>	
<b>11. Shoulders get wider</b>	<b>X</b>		
<b>12. Start producing sperm</b>	<b>X</b>		
<b>13. Penis enlarges</b>	<b>X</b>		
<b>14. Testicles enlarge</b>	<b>X</b>		



	BOYS	GIRLS	BOTH
15. Body starts producing sex hormones			X
16. Nocturnal emissions	X		
17. Spontaneous erections occur	X		
18. Sperm can be released through the urethra (Ejaculation)	X		
19. Start releasing eggs (Ovulation)		X	
20. Menstruation (Period)		X	
21. Mood swings			X
22. Can become interested in having a boyfriend or girlfriend			X
23. Friendships become more important			X
24. Sometimes feel lonely and alone			X
25. Stronger feelings of wanted to be liked and to "fit in"			X
26. Want more independence			X
27. Thinking about the future			X
28. Concerned about looks (appearance)			X

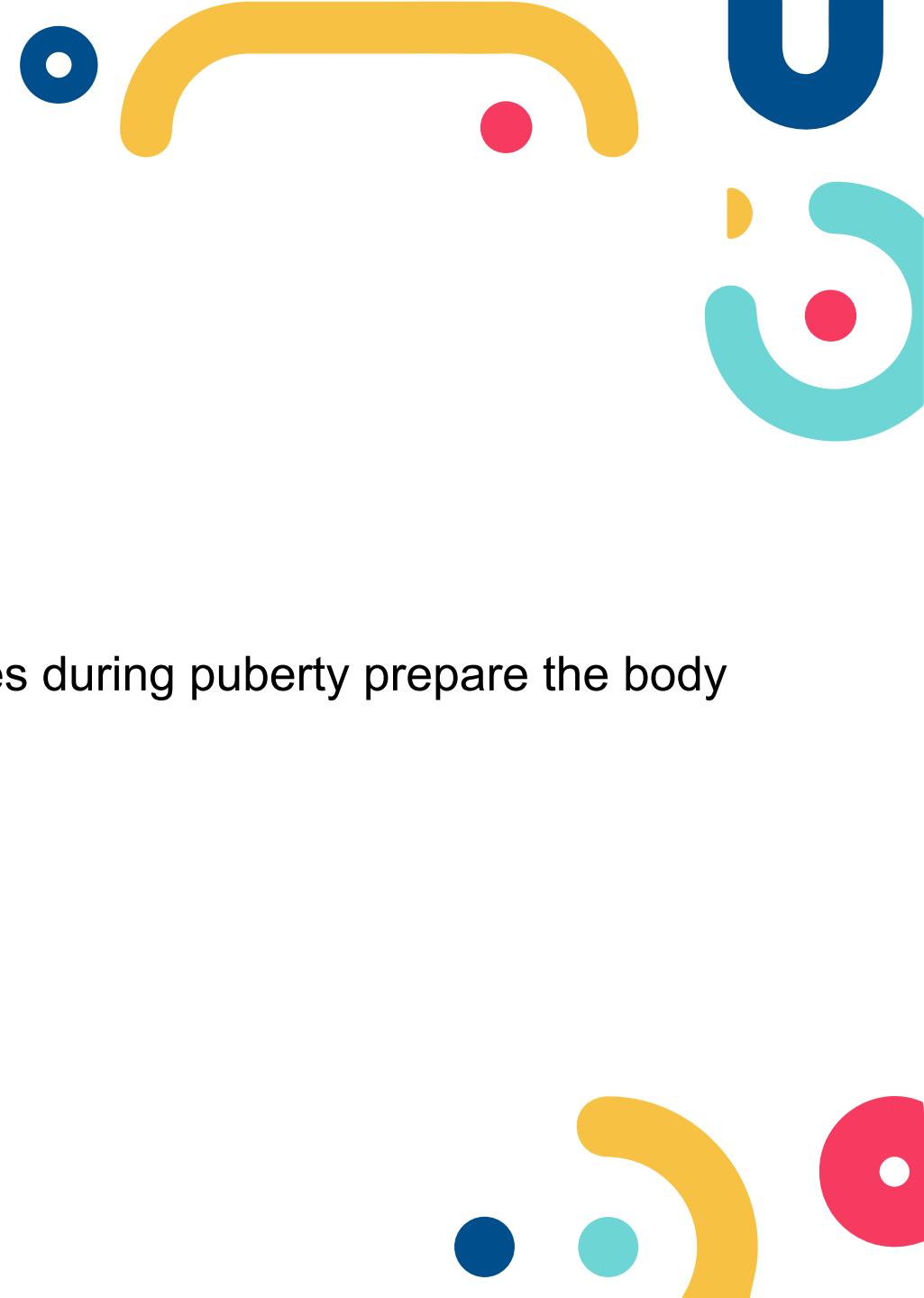
**Objective:**

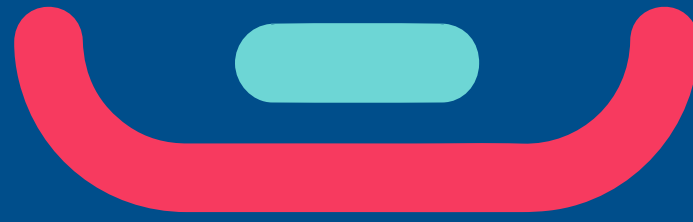
Students will describe how the changes during puberty prepare the body for reproduction.



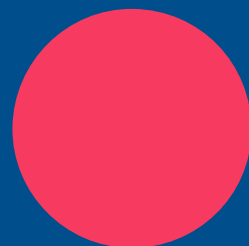
# Closure

How do the changes during puberty prepare the body for reproduction?





**Extension Activities are  
available on the following slides**

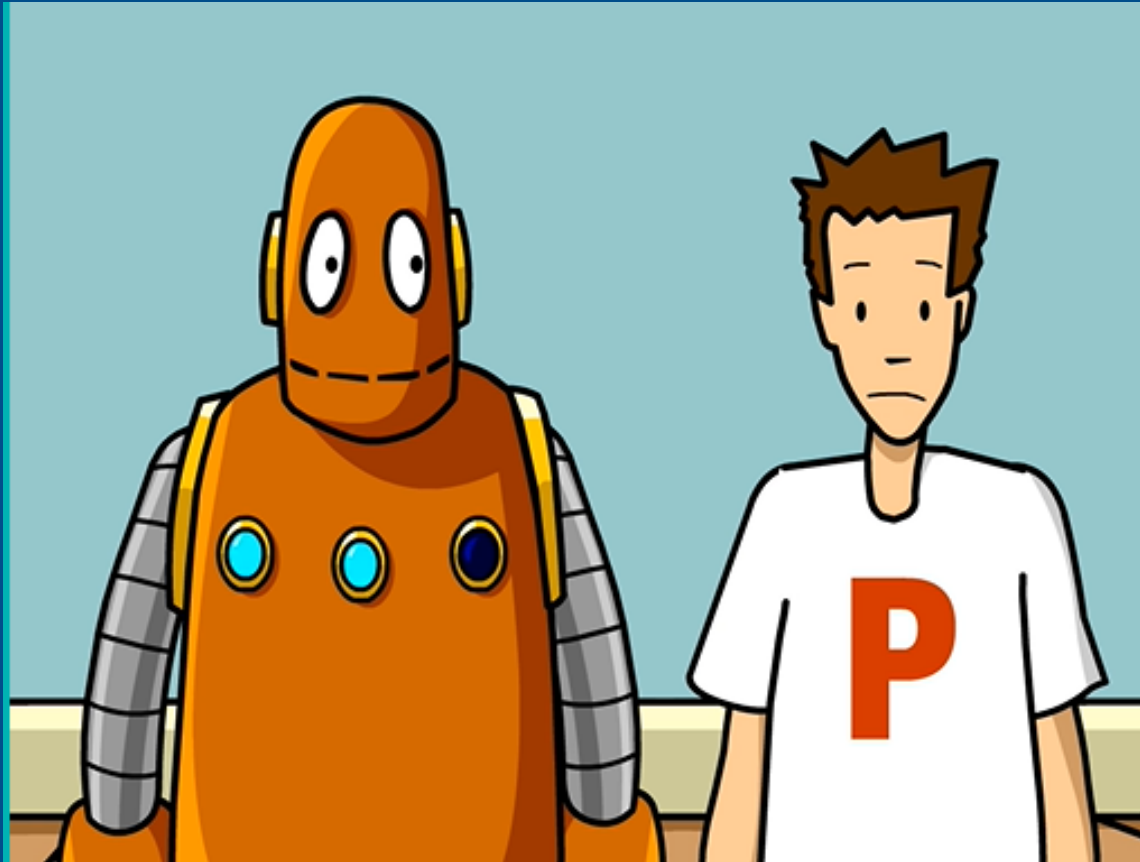


# Create a PSA

Using the information learned, create a brief public service announcement (PSA) about hygiene. You must:

- Include at least 1 hygiene tip that teens should follow
- Include a consequence of not having good hygiene
- Be catchy (easy to remember)
- Be short and to the point





## BrainPop – Puberty

While watching the video on puberty, pay close attention to the changes that occur during puberty.



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