Unit 6 Overview: Advocacy for Healthy Relationships and Sexual Health - TEACHER FACING ONLY - Do Not Publish

Advocacy for Healthy Relationships and Sexual Health Unit Overview

This unit focuses on family life and human sexuality concepts including healthy relationships and consent, sexually explicit media, gender identity and expression, sexual orientation and identity, anatomy and physiology, STI prevention, and sexual health. During this unit students will demonstrate the ability to use advocacy skills to promote healthy relationships and behaviors to support sexual health.

Desired Results	
Established Goals	**Transfer**
Students will understand that advocacy for personal, family, and community health is essential for optimal sexual health and the development of healthy relationships.	Students will be able to independently use their learning to advocate for heath enhancing behaviors that promote healthy relationships and sexual health into adulthood.
	Meaning
	Enduring Understandings: Advocacy for personal, family, and community health is essential for optimal sexual health and the development of healthy relationships. **Essential Questions:**

1. How do effective health messages and communication techniques support the development of healthy relationships?
2. How do external influences affect relationships?
3. How can advocacy efforts create school and community programs and policies that promote respect for people of all sexual orientations and gender identities?
4. What is the connection of effective advocacy efforts to STI prevention for adolescents and young adults?
5. How do laws impact young people's sexual health?

Acquisition

Students will know effectives ways to communicate consent, the impact of technology and social media on relationships, how to promote dignity and respect for people of all gender identities and sexual orientations, factors that impact sexual health, resources and laws related to sexual and reproductive health, and STI prevention methods.

Students will be skilled at advocating for the health of oneself and others through creating health enhancing messages that supports others in adopting health enhancing behaviors to support sexual health.

Evidence and Assessment

Evaluative Criteria

Students will be evaluated on their ability to use accurate peer and societal norms to create a health-enhancing message that influences others to make positive health choices.

Assessment Evidence

Performance Task

At the conclusion of this unit, students will be assessed through a performance based assessment that evaluates students' ability to demonstrate effective advocacy techniques that encourage health enhancing behaviors to support healthy relationships and sexual health.

Supplementary Evidence

Assessments throughout the unit include exit tickets, knowledge checks, quizzes, teacher created assignments, etc.

<u>**Important Teacher Resources for Unit:**</u>	[**HEll.U6 Family Life letter 22-23.docx**](https://harford.instructure.com/courses) (https://harford.instructure.com/courses/64860/files/19630810/download?downlo [**HEll.U6 (Spanish) Family Life letter 22-23.docx**](https://harford.instructure.c) **wrap=1)** ↓ (https://harford.instructure.com/courses/64860/files/19630797/downl [**HEll.U6 Family Life Classroom Rules.docx**](https://harford.instructure.com/c) **wrap=1)** ↓ (https://harford.instructure.com/courses/64860/files/19630766/downl [**HEll.U6 Addressing Parent Concerns about Family Life Curriculum.docx**](https://harford.instructure.com/courses/64860/files/19630811?wrap=1) ↓ (https://harford.instructure.com/courses/64860/files/19630811/download?downlo [**HEll.U6 Secondary FLHS Unit Vocabulary by Grade Level (22-23).docx**](https://harford.instructure.com/courses/64860/files/19630813?wrap=1) ↓ (https://harford.instructure.com/courses/64860/files/19630813/download?downlo [**HEll.U6 Answering Difficult Questions Protocol.docx**](https://harford.instructure.com/courses/64860/files/19630767?wrap=1) ↓ (https://harford.instructure.com/courses/64860/files/19630767/download?downlo

Lesson Title and Duration	**Overview and Teacher Resources**	MSI Pe I
Lesson 1: Healthy Relationships & Consent (1 day) • **Advocacy Skill Review -** During this lesson re-introduce the advocacy skill in relation to sexual health. Review skill vocabulary and skill cues.	**Teacher Resources:** [**HEll.U6.L1 (TR) Healthy Relationships&Consent Lesson Plan.docx**](https://harford.instructure.com/courses/64860/files/19630772?wrap=1) ↓ (https://harford.instructure.com/courses/64860/files/19630772/download? download_frd=1) [**HEll.U6.L1 (TR) Healthy Relationships & Consent.pptx**](https://harford.instructure.com/courses/64860/files/19630814?wrap=1) ↓ (https://harford.instructure.com/courses/64860/files/19630814/download? download_frd=1) Skill cues to use with students:	• Ar pe fa cu pe in id in cc im se (1 • D ef to

Sample Learning Objectives**:** • Analyze factors that can influence the ability to effectively use self-advocacy skills to give and receive sexual consent • Demonstrate effective communication techniques to establish personal boundaries and communicate consent	**HEII. S8 Self-Advocacy Skill Cues** **(https://harford.instructure.com/courses/64860/pages/heii-s8-self-advocacy)** **HEII. S8 Advocacy Skill Cues** **(https://harford.instructure.com/courses/64860/pages/heii-s8-advocacy-skill-cues)** **Approved** **Lesson Activities/Resources:** **HEII.U6.L1 Self-Advocacy for Personal Boundaries and Consent.docx** **(https://harford.instructure.com/courses/64860/files/19630773?wrap=1)** ↓ **(https://harford.instructure.com/courses/64860/files/19630773/download?download_frd=1)**	cc cc pe bc ar pr th se be (1 • Ar th in ab ar se cc (1
Lesson 2: Healthy Relationships, Consent, & Sexually Explicit Media (1 day) Sample Learning Objectives: • Evaluate the impact of technology, social media, and sexting on relationships • Formulate health enhancing messages in relation to healthy technology use in relationships	**Teacher Resources:** **HEII.U6.L2 (TR) Healthy Relationships, Consent, & Sexually Explicit Media Lesson Plan.docx** **(https://harford.instructure.com/courses/64860/files/19630774?wrap=1)** ↓ **(https://harford.instructure.com/courses/64860/files/19630774/download?download_frd=1)** **HEII.U6.L2 (TR) Healthy Relationships, Consent, & Sexually Explicit Media.pptx** **(https://harford.instructure.com/courses/64860/files/19630779?wrap=1)** ↓ **(https://harford.instructure.com/courses/64860/files/19630779/download?download_frd=1)** **Approved** **Lesson Activities/Resources:** **HEII.U6.L2 Scenarios - What Should They Do.docx** **(https://harford.instructure.com/courses/64860/files/19630771?wrap=1)** ↓ **(https://harford.instructure.com/courses/64860/files/19630771/download?download_frd=1)**	• E pc pc ne of ar m re (1 • E im e) ca or pe ar e) fo re (1

• Explain the Maryland law related to age of consent and sexting	**HEII.U6.L2 Advocacy in Action Student Handout.docx** (https://harford.instructure.com/courses/64860/files/19630775?wrap=1) ⬇ (https://harford.instructure.com/courses/64860/files/19630775/download?download_frd=1) **HEII.U6.L2 Advocacy Examples - Healthy Relationships & Technology Use** (https://harford.instructure.com/courses/64860/pages/heii-dot-u6-dot-l2-advocacy-examples-healthy-relationships-and-technology-use)	• A fe st im pe he ab ar se co er w e) (1
Lesson 3: Gender Identity & Expression, Sexual Orientation & Identity (1 day) Sample Learning Objectives: • Describe the components of sexual orientation (orientation, behavior, and identity) • Summarize the benefits of and ways to demonstrate respect for sexuality-based differences • Advocate for respecting sexuality	**Teacher Resources:** **HEII.U6.L3 (TR) Gender Identity and Sexual Orientation Lesson Plan.docx** (https://harford.instructure.com/courses/64860/files/19630812?wrap=1) ⬇ (https://harford.instructure.com/courses/64860/files/19630812/download?download_frd=1) **HEII.U6.L3 (TR) Gender Identity and Sexual Orientation.pptx** (https://harford.instructure.com/courses/64860/files/19630798?wrap=1) ⬇ (https://harford.instructure.com/courses/64860/files/19630798/download?download_frd=1) **HEII.U6.L3 (TR) Answer Key - Vocabulary Review.docx** (https://harford.instructure.com/courses/64860/files/19630783?wrap=1) ⬇ (https://harford.instructure.com/courses/64860/files/19630783/download?download_frd=1) **Approved Lesson Activities/Resources:** **HEII.U6.L3 Vocabulary Review Handout.docx** (https://harford.instructure.com/courses/64860/files/19630782?wrap=1) ⬇ (https://harford.instructure.com/courses/64860/files/19630782/download?download_frd=1)	• E im ge e) ge or m co ar th in of ar m th co (1 • D be se or se be se (1

differences to improve personal and community health	**[HEII.U6.L3 Evaluating Respect in My School Community.docx](https://harford.instructure.com/courses/64860/files/19630784?wrap=1)** ↓ **(https://harford.instructure.com/courses/64860/files/19630784/download?download_frd=1)** **[HEII.U6.L3 Campaign - Respect in My School Community.docx](https://harford.instructure.com/courses/64860/files/19630785?wrap=1)** ↓ **(https://harford.instructure.com/courses/64860/files/19630785/download?download_frd=1)**	• A so co pr po pr ar pe se or ar id ex (1
Lesson 4: Anatomy, Physiology, & Sexual Health (1 day) Sample Learning Objectives: • Summarize human reproductive systems including medically accurate names and functions for internal and external genitalia • Describe the physiological process of pregnancy and health care services/resources available to support pregnancy	**Teacher Resources:** **[HEII.U6.L4 (TR) Anatomy, Physiology, & Sexual Health Lesson Plan.docx](https://harford.instructure.com/courses/64860/files/19630780?wrap=1)** ↓ **(https://harford.instructure.com/courses/64860/files/19630780/download?download_frd=1)** **[HEII.U6.L4 (TR) Anatomy, Physiology, & Sexual Health.pptx](https://harford.instructure.com/courses/64860/files/19630781?wrap=1)** ↓ **(https://harford.instructure.com/courses/64860/files/19630781/download?download_frd=1)** **[HEII.U6.L4 (TR)Reproductive Anatomy Review TEACHER GUIDE.docx](https://harford.instructure.com/courses/64860/files/19630787?wrap=1)** ↓ **(https://harford.instructure.com/courses/64860/files/19630787/download?download_frd=1)** **[HEII.U6.L4 (TR) Teacher Guide for Scenario Actvitity.docx](https://harford.instructure.com/courses/64860/files/19630786?wrap=1)** ↓ **(https://harford.instructure.com/courses/64860/files/19630786/download?download_frd=1)**	• Su hu re sy in m ac na in ex ge th (1 • Su co se re re se re he (1 • E: la re ar

• Explain community resources, services and laws related to sexual and reproductive health	**Approved** Lesson Activities/Resources: **HEII.U6.L4 Reproductive Anatomy Review Handout.docx** (https://harford.instructure.com/courses/64860/files/19630789?wrap=1) ↓ (https://harford.instructure.com/courses/64860/files/19630789/download?download_frd=1) **HEII.U6.L4 Sexual and Reproductive Health Student Handout.docx** (https://harford.instructure.com/courses/64860/files/19630788?wrap=1) ↓ (https://harford.instructure.com/courses/64860/files/19630788/download?download_frd=1)	he se cc pr op su pc pr (1
Lesson 5: Sexual Health - Contraceptives (Pregnancy & STI Prevention) (1 day) Sample Learning Objectives: • Review types of contraceptive and disease-prevention methods • Evaluate factors that impact decisions about contraceptive options • Describe the steps of proper condom use	**Teacher Resources:** **HEII.U6.L5 (TR) Sexual Health Lesson Plan - Contraceptives, Pregnancy & STI Prevention.docx** (https://harford.instructure.com/courses/64860/files/19630801?wrap=1) ↓ (https://harford.instructure.com/courses/64860/files/19630801/download?download_frd=1) **HEII.U6.L5 (TR) Sexual Health - Contraceptives, Pregnancy & STI Prevention.pptx** (https://harford.instructure.com/courses/64860/files/19630800?wrap=1) ↓ (https://harford.instructure.com/courses/64860/files/19630800/download?download_frd=1) **HEII.U6.L5 (TR) Contraceptive Review Chart.docx** (https://harford.instructure.com/courses/64860/files/19630802?wrap=1) ↓ (https://harford.instructure.com/courses/64860/files/19630802/download?download_frd=1) **HEII.U6.L5 (TR) Teacher Guide - Types of Contraceptives Explained.docx** (https://harford.instructure.com/courses/64860/files/19630803?wrap=1) ↓ (https://harford.instructure.com/courses/64860/files/19630803/download?download_frd=1)	• C cc of cc ar pr m (1 • D th us m cc e) in cc de (1

[HEII.U6.L5 (TR) Evaluating Contraceptive Options - Scenarios-Teacher Talking Points.docx](https://harford.instructure.com/courses/64860/files/19630804?wrap=1) [↓](https://harford.instructure.com/courses/64860/files/19630804/download?download_frd=1)

[HEII.U6.L5 (TR) Answer Key - What do you already know handout.docx](https://harford.instructure.com/courses/64860/files/19630805?wrap=1) [↓](https://harford.instructure.com/courses/64860/files/19630805/download?download_frd=1)

[HEII.U6.L5 (TR) Condom Use Sort Cards.docx](https://harford.instructure.com/courses/64860/files/19630806?wrap=1) [↓](https://harford.instructure.com/courses/64860/files/19630806/download?download_frd=1)

<u>Approved</u> Lesson Activities/Resources:

[HEII.U6.L5 Contraceptive Review Chart - Student Handout.docx](https://harford.instructure.com/courses/64860/files/19630807?wrap=1) [↓](https://harford.instructure.com/courses/64860/files/19630807/download?download_frd=1)

[HEII.U6.L5 Evaluating Contraceptive Options - Scenarios-Student Handout.docx](https://harford.instructure.com/courses/64860/files/19630809?wrap=1) [↓](https://harford.instructure.com/courses/64860/files/19630809/download?download_frd=1)

[HEII.U6.L5 What do you already know - Student Handout.docx](https://harford.instructure.com/courses/64860/files/19630808?wrap=1) [↓](https://harford.instructure.com/courses/64860/files/19630808/download?download_frd=1)

Lesson 6: Sexual Health - STIs &

Teacher Resources:

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Prevention	
Prevention (1 day) Sample Learning Objectives: - Describe symptoms, testing options and prevention methods for STIs - Explore biomedical approaches to prevent and treat STIs	[HEII.U6.L6 (TR) Sexual Health - STIs and Prevention Lesson Plan.docx](https://harford.instructure.com/courses/64860/files/19630790?wrap=1) ↓ [(https://harford.instructure.com/courses/64860/files/19630790/download?download_frd=1)](https://harford.instructure.com/courses/64860/files/19630790/download?download_frd=1) [HEII.U6.L6 (TR) Sexual Health - STIs and Prevention.pptx](https://harford.instructure.com/courses/64860/files/19630791?wrap=1) ↓ [(https://harford.instructure.com/courses/64860/files/19630791/download?download_frd=1)](https://harford.instructure.com/courses/64860/files/19630791/download?download_frd=1) [HEII.U6.L6 (TR) STI Review Activity Questions & Responses.docx](https://harford.instructure.com/courses/64860/files/19630795?wrap=1) ↓ [(https://harford.instructure.com/courses/64860/files/19630795/download?download_frd=1)](https://harford.instructure.com/courses/64860/files/19630795/download?download_frd=1) [HEII.U6.L6 (TR) What's Next Teacher Guide.docx](https://harford.instructure.com/courses/64860/files/19630770?wrap=1) ↓ [(https://harford.instructure.com/courses/64860/files/19630770/download?download_frd=1)](https://harford.instructure.com/courses/64860/files/19630770/download?download_frd=1) [HEII.U6.L6 (TR) Teacher Key_ STI Prevention Handout.docx](https://harford.instructure.com/courses/64860/files/19630794?wrap=1) ↓ [(https://harford.instructure.com/courses/64860/files/19630794/download?download_frd=1)](https://harford.instructure.com/courses/64860/files/19630794/download?download_frd=1) **Approved Lesson Activities/Resources:** [HEII.U6.L6 What's Next Student Handout.docx](https://harford.instructure.com/courses/64860/files/19630796?wrap=1) ↓ [(https://harford.instructure.com/courses/64860/files/19630796/download?download_frd=1)](https://harford.instructure.com/courses/64860/files/19630796/download?download_frd=1) [HEII.U6.L6 STI Prevention Advocacy Videos Handout.docx](https://harford.instructure.com/courses/64860/files/19630792?wrap=1) ↓ [(https://harford.instructure.com/courses/64860/files/19630792/download?download_frd=1)](https://harford.instructure.com/courses/64860/files/19630792/download?download_frd=1)	sy la ar fo in (1 - Id ef bi ap pr in (e B H ar Pl (1

	HEII.U6.L6 STI Prevention Handout.docx (https://harford.instructure.com/courses/64860/files/19630793?wrap=1) ↓ (https://harford.instructure.com/courses/64860/files/19630793/download?download_frd=1)
Lesson 7: Advocacy for Healthy Relationships and Sexual Health Performance Assessment (1 day)	**Teacher Resources:** N/A **Approved Lesson Activities/Resources:** **HEII.U6.L7 Advocacy for Healthy Rel. & Sexual Health Performance Assessment.docx** (https://harford.instructure.com/courses/64860/files/19630799?wrap=1) ↓ (https://harford.instructure.com/courses/64860/files/19630799/download?download_frd=1)