Self-Advocacy for Personal Boundaries and Consent

Directions: Read each scenario and determine any factors that may influence the communication or lack thereof in the situation. Then, provide a dialogue that shows clear communication about personal boundaries and/or consent.

Scenario 1 – Jensen & Cassie : Jensen, who is 21 years old, leaves the bar very intoxicated. On the way out, Jensen tells Cassie, a very close friend, that their outfit is hot. Cassie, who has had a major crush on Jensen for years, asks Jensen to go back to their apartment. When Jensen arrives at Cassie's apartment, Cassie begins to kiss and touch Jensen in a romantic way.		
Self-Advocacy: Explain how the person could use the self-advocacy skill to set clear boundaries in this scenario.	**Factors:** List factors from the scenario that may influence the participants ability to set clear boundaries and provide consent.	**Affirmative Consent:** Provide a dialogue between the people in the scenario demonstrating clear communication about personal boundaries and/or consent that could have taken place.
Step1 - Process the Situation: Step 2 – Determine how to approach the situation: Step3 – Ask for what is needed: Step 4 – Reflect:		

Self-Advocacy for Personal Boundaries and Consent

Scenario 2 – Taylor & Brandy: Taylor and Brandy have previously hung out together with mutual friends, but lately they have been spending more time alone. When they were at Taylor's house watching a movie, Brandy put an arm around Taylor and started kissing Taylor's neck. Taylor kept watching the movie and didn't say anything.		
Self-Advocacy: Explain how the person could use the self-advocacy skill to set clear boundaries in this scenario.	**Factors:** List factors from the scenario that may influence the participants ability to set clear boundaries and provide consent.	**Affirmative Consent:** Provide a dialogue between the people in the scenario demonstrating clear communication about personal boundaries and/or consent that could have taken place.
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Self-Advocacy for Personal Boundaries and Consent

Scenario 3 – Jamie & Tai:
A high school couple, Jamie and Tai, went out to celebrate their anniversary. At the end of the night, Tai leans over and tells Jamie, "Your parents are away so I can spend the night, right?" Jamie hesitates. Tai says, "Come on. No one will know. Besides, I just paid for everything. You know I love you."

Self-Advocacy: Explain how the person could use the self-advocacy skill to set clear boundaries in this scenario.	Factors: List factors from the scenario that may influence the participants ability to set clear boundaries and provide consent.	Affirmative Consent: Provide a dialogue between the people in the scenario demonstrating clear communication about personal boundaries and/or consent that could have taken place.
Step1 - Process the Situation: Step 2 - Determine how to approach the situation: Step3 - Ask for what is needed: Step 4 - Reflect:		

Scenario 4 – Mia:
Mia and her partner have been dating for one month. Mia's partner likes walking with their arm around Mia. Mia does not like it and feels that their partner is always hanging on her. One day, Mia tells her partner, "Why do you always have to be hanging on me?" Mia's partner gets

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offended and gives her the silent treatment.		
Self-Advocacy: Explain how the person could use the self-advocacy skill to set clear boundaries in this scenario.	**Factors:** List factors from the scenario that may influence the participants ability to set clear boundaries and provide consent.	**Affirmative Consent:** Provide a dialogue between the people in the scenario demonstrating clear communication about personal boundaries and/or consent that could have taken place.
Step1 - Process the Situation: Step 2 - Determine how to approach the situation: Step3 - Ask for what is needed: Step 4 - Reflect:		