



Unit 6: Advocacy for Healthy Relationships & Sexual Health

Lesson 3: Gender Identity & Sexual Orientation



Objective:

Summarize the benefits of and ways to demonstrate respect for sexuality-based differences.

Advocate for respecting sexuality differences to improve personal and community health.

Warm-Up:

1. Describe something that's unique or special about you.
2. How would you feel if someone were making fun of this quality.



Let's Discuss

1. How have you seen people respond to others who are different from them?
 - Try to think of various responses, are some positive and some negative?
2. Do you think differences are a good thing, bad thing, or a little of both? Why?
3. Why might it be important for a person to respect qualities or aspects of others that are different from their own?
4. What are things a person might want to feel respected for?



Sexuality

Definition:

A person's thoughts, feelings, and behaviors that are influenced by gender and attraction

Sexual Orientation

In your own words, define the term sexual orientation.

Definition:

The overall term that is used to describe people's physical and/or romantic attractions to other people.



Components

Sexual Orientation	Sexual Behavior	Sexual Identity
<ul style="list-style-type: none">• Who a person is attracted to	<ul style="list-style-type: none">• How a person acts	<ul style="list-style-type: none">• What a person calls themselves
<ul style="list-style-type: none">• Sometimes a person's orientation, behaviors, and identity do not match• A person's orientation, behavior, and identity may not make sense to others• Only the person can determine how they would like to be referred to		

Vocabulary Review

Complete the vocabulary review handout

- Match the terms in the word bank to the definition
- It is okay if you do not know all the terms

Respecting Differences

- What are some of the benefits or advantages of a person being able to relate to those who are different from themselves or treat them with respect?
- How might a person's health or well-being be impacted when:
 - They are not treated with respect from others whose gender identity or sexual orientation is different from their own?
 - They are treated with respect from others whose gender identity or sexual orientation is different from their own?
 - (Think about the wellness components)



Demonstrating Respect for Differences

What behaviors or strategies would create an atmosphere of respect and promote tolerance and acceptance?

Advocacy Skill Cues

ADVOCACY

Students will demonstrate the ability to advocate for personal, family and community health.



SKILL CUES FOR BEING AN ADVOCATE



I

IDENTIFY AND RESEARCH A RELEVANT AND MEANINGFUL HEALTH ISSUE



C

CREATE A HEALTH ENHANCING POSITION OR MESSAGE SUPPORTED BY FACTS AND EVIDENCE AND GEARED TOWARDS THE AUDIENCE



A

ACT PASSIONATELY AND WITH CONVICTION



R

RELAY YOUR HEALTH ENHANCING MESSAGE TO YOUR AUDIENCE



E

EXAMINE THE EFFECTIVENESS OF THE ADVOCACY EFFORT



Evaluating Respect in My School Community

Complete the handout individually to gather your personal thoughts of respect for differing aspects of sexuality within your school community.

Respect in My School Community Campaign





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Closure:

1. What is something you learned in today's class that you didn't know yesterday?
2. What is something you want to change or continue to do because of this lesson?