

**Office of Curriculum, Instruction & Assessment**

Kilo Mack, Supervisor  
Physical Education, Health & APE

Dear Parent/Guardian:

To meet state requirements for comprehensive health education instructional programs, all high school students will be given the opportunity to participate in the Family Life and Human Sexuality Unit as a part of their mandatory health II education curriculum. All materials utilized in this unit have been approved by the Family Life Committee, a state mandated, and Harford County Public Schools Board of Education sponsored committee.

This unit will cover:

- dynamics of healthy and unhealthy relationships
- the impact of technology and social media in relationships
- personal body safety including sexual consent and sexual assault
- gender identification and sexual orientation
- anatomy and physiology of the reproductive systems
- laws pertaining to reproductive care services, young people's sexual health, and sexually explicit media
- human reproduction including fertilization, fetal development, and the birth process
- barrier, hormonal, and other methods of contraceptives including abstinence
- consequences of sexual activity including sexually transmitted infections, HIV/AIDS
  - the types, causes, transmission, symptoms, and prevention of sexually transmitted infections (STIs) including HIV/AIDS

The HCPS procedure for family life curriculum review or unit opt out is as follows:

1. Contact **[TEACHER NAME]** at **[EMAIL ADDRESS/SCHOOL PHONE NUMBER]** by **[DATE]** to request a phone or in person meeting to discuss concerns and review curricular materials
2. A phone or in person meeting will be scheduled to discuss concerns and review curricular materials
3. If appropriate, Parent or Caregiver provides a written request to the teacher to opt child out of individual lessons or entirety of the unit within three days of the parent meeting. Students not participating in the unit will be provided with appropriate alternative health education assignments.
4. If additional questions or concerns remain after the above steps, email [AskHCPS.org](mailto:AskHCPS.org) or call at 410-809-6193 so your question can be directed to the appropriate individual or specific office.

Sincerely,

TEACHER – ADD INFORMATION WITH SIGNATURE

PRINCIPAL – ADD INFORMATION WITH SIGNATURE