

LUNCH MENU - JANUARY 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MEAL RESERVATION PROCESS: To order a meal for a particular day, add your name to the Lunch Sign-Up Sheet no later than 10:00 a.m. TWO (2) working days in advance. To order a meal designated as a "Special Lunch" (SL) (January 15), you must sign up no later than 10:00 a.m. FIVE (5) working days in advance. If you missed the sign-up deadline, your name can be added to the lunch list as a "Standby" on the day of the lunch. Please see the front desk. Lunch is served at 12:00 p.m. in the dining room and includes an 8 oz. carton of milk. Lunch cost: Age 60 and over: \$4.00 is the suggested donation. Under Age 60: there is a \$7.00 charge for lunch. <i>Vegetarian lunch option is available; Please see the front desk for details and to sign up.</i>			Happy New Year  ALL CENTERS CLOSED	ROASTED PORK LOIN w/Dijon Cream Sauce Garlic Mashed Potatoes Okra & Tomatoes WGR White Wheat Bread Fruit Cocktail Fruit Punch Chocolate Milk 838 cal
ITALIAN SAUSAGE & CHEESE SUB w/Peppers & Onions WGR Roll Red Cabbage Slaw Fruited Yogurt Pineapple Juice 781 cal	CHICKEN BREAST FRICASSEE Brown Rice Pilaf Mixed Vegetables WGR White Wheat Bread Apple Slices Grape Juice Milk 626cal		Anytime Meal TUNA SALAD PLATE w/Lettuce & Tomato WGR Roll Potato Salad 3-Bean Salad Mandarin Oranges Apple Juice & Milk 787 cal	BBQ CHICKEN SANDWICH WGR Roll Cream of Broccoli Soup w/Crackers Fresh Cole Slaw Fruited Yogurt w/Granola Apple Juice 859 cal
SLICED HAM w/Raisin Sauce Au Gratin Potatoes Honey Maple Carrots WGR White Wheat Bread Pineapple Tidbits Fruit Punch Chocolate Milk 652 cal	MARRY ME CHICKEN BREAST Lemon Rice Pilaf Seasoned Green Beans WGR White Wheat Bread Cinnamon Apple Slices Cranberry Apple Juice Milk 638 cal		(SL) Sign up by 1/8 Cabin Fever Special Meal BROCCOLI & CHEESE STUFFED CHICKEN Mashed Potatoes w/Gravy Green Bean Casserole Apple Pie w/Whipped Cream Milk 1033 cal	CREAMY CHICKEN PICCATA WGR Brown Rice Buttered Carrots Green Pea & Red Pepper Salad WGR White Wheat Bread Apple Juice Chocolate Milk 862 cal
Martin Luther King Jr. Day  ALL CENTERS CLOSED	TUNA NOODLE CASSEROLE Chickpea & Tomato Salad WGR White Wheat Bread Hot Cinnamon Apples Tomato Juice Milk 815 cal		MEATBALL & CHEESE SUB WGR Italian Roll Seasoned Green Beans Mandarin Oranges Fruit Juice Milk 623 cal	CHICKEN ALFREDO Zucchini & Tomatoes Cinnamon Applesauce Fruited Yogurt w/Granola Orange Juice 855 cal
ROASTED PORK LOIN w/Creamy Mushroom Sauce Garlic Mashed Potatoes German Cucumber Salad WGR Roll Sliced Apple Pack Chocolate Milk 547 cal	GRILLED CHICKEN CAESAR SALAD Split Pea Soup w/Crackers WGR Cornbread Hot Spiced Apples Milk 769 cal		GREEK CHICKEN GRAIN BOWL w/Barley, Chicken, Cucumber Salad & Feta Cheese Apricot Halves Apple Juice Milk 565 cal	SLICED CORNED BEEF w/Mustard Dill Sauce Mashed Potatoes Braised Red Cabbage Corn & Pea Salad WGR White Wheat Bread Tropical Fruit Milk 993 cal



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