


# LUNCH MENU - FEBRUARY 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2. 810 cal <b>PEPPERJACK TURKEY BURGER</b> WGR Roll Lettuce & Tomato Fresh Broccoli Slaw Tropical Fruit Fruited Yogurt w/Granola Pineapple Juice	3. 993 cal <b>INDIAN BUTTER CHICKEN</b> Bombay Brown Rice Kachumber Salad (Indian Cucumber, Tomato & Onion) WGR White Wheat Bread Mandarin Oranges Grape Juice Milk	4. 659 cal <b>BEEF POT ROAST AU JUS w/Horseradish Cream Sauce</b> on a WGR Roll Honey Roasted Beets Fresh Cole Slaw Orange Juice Milk	5. 548 cal <b>CREAMY CHICKEN CASSEROLE</b> Yellow Rice Pilaf Seasoned Green Beans WGR White Wheat Bread Diced Peaches Apple Cranberry Juice Milk	6. 716 cal <b>CHEDDAR CHEESEBURGER on a WGR Roll</b> Lettuce & Tomato Corn O'Brien Creamy Cucumber Salad Apple Juice Milk
9. 838 cal <b>ROASTED PORK LOIN w/Dijon Cream Sauce</b> Garlic Mashed Potatoes Okra & Tomatoes WGR White Wheat Bread Fruit Cocktail Fruit Punch Chocolate Milk	10. 781 cal <b>ITALIAN SAUSAGE &amp; CHEESE SUB</b> w/Peppers & Onions WGR Roll Red Cabbage Slaw Fruited Yogurt Pineapple Juice	11. 626 cal <b>SPECIAL HOLIDAY LUNCHEON</b> Sponsored by <b>Hart Heritage Estates</b> Assisted Living  Space is Limited Registration Required	12. 694 cal <b>SALISBURY STEAK w/Mushroom Gravy</b> Herb Roasted Potatoes Seasoned Greens Amish Navy Bean Salad White Wheat Bread Apple Juice Milk	13. (SL) Sign up by 2/6 <b>Valentine's Day Lunch</b> <b>ROAST EYE ROUND OF BEEF</b> Mashed Potatoes w/Gravy Green Bean Casserole WGR Roll Cherry Pie w/whip topping Milk 1175 cal
16.  <b>ALL CENTERS CLOSED</b>	17. 652 cal <b>SLICED HAM w/Raisin Sauce</b> Au Gratin Potatoes Honey Maple Carrots WGR White Wheat Bread Pineapple Tidbits Fruit Punch Chocolate Milk	18. 638 cal <b>MARRY ME CHICKEN BREAST</b> Lemon Rice Pilaf Seasoned Green Beans WGR White Wheat Bread Cinnamon Apple Slices Cranberry Apple Juice Milk	19. 806 cal <b>TUNA SALAD SANDWICH</b> WGR White Wheat Bread Lettuce & Tomato Lentil & Spinach Soup w/Crackers Corn & Edamame Salad Applesauce Milk	20. 574 cal <b>POT ROAST OF BEEF w/Stroganoff Sauce</b> Roasted Potatoes Seasoned Greens WGR White Wheat Bread Mandarin Oranges Grape Juice Milk
23. 862 cal <b>CREAMY CHICKEN PICCATA</b> WGR Brown Rice Buttered Carrots Green Pea & Red Pepper Salad WGR White Wheat Bread Apple Juice Chocolate Milk	24. (SL) Sign up by 2/17 <b>Boxed Lunch</b> <b>COLD GRILLED CHICKEN BREAST</b> on a WGR Roll Baby Carrots Cheese Stick Fruit & Chips or Cookie Fruit Juice 850 cal	25. (SL) Sign up by 2/18 <b>Anytime Meal</b> <b>HOT DOG</b> on a WGR Roll Baked Beans Cole Slaw Diced Pears Milk 794 cal	26. 672 cal <b>CHICKEN BREAST w/Ranch Cream Sauce</b> Yellow Rice Pilaf Peas & Carrots WGR White Wheat Bread Pineapple Tidbits Orange Juice Milk	27. 623 cal <b>MEATBALL &amp; CHEESE SUB on a WGR Italian Roll</b> Seasoned Green Beans Mandarin Oranges Fruit Juice Milk

**MEAL RESERVATION PROCESS:** To order a meal for a particular day, add your name to the Lunch Sign-Up Sheet no later than 10:00 a.m. **TWO (2)** working days in advance. To order a meal designated as a "Special Lunch" (SL) (February 13, 24 & 25), you must sign up no later than 10:00 a.m. **FIVE (5)** working days in advance. If you missed the sign-up deadline, your name can be added to the lunch list as a "Standby" on the day of the lunch. Please see the front desk. Lunch is served at 12:00 p.m. in the dining room and includes an 8 oz. carton of milk. Lunch cost: Age 60 and over: **\$4.00** is the suggested donation. Under Age 60: there is a **\$7.00** charge for lunch. ***Vegetarian lunch option is available; Please see the front desk for details and to sign up.***



**BOB CASSILLY**  
Harford County Executive  
**Barbara W. Richardson**  
Director

**Harford County Housing & Community Services**  
**Office on Aging**

[www.harfordcountymd.gov/services](http://www.harfordcountymd.gov/services) | 410.638.3025