

# HARFORD COUNTY SENIOR CENTERS | McFaul Senior Activity Center

## LUNCH MENU - FEBRUARY 2026

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
2.	810 cal	3.	993 cal	4.	659 cal	5.	548 cal	6.	716 cal
PEPPERJACK TURKEY BURGER WGR Roll Lettuce & Tomato Fresh Broccoli Slaw Tropical Fruit Fruited Yogurt w/Granola Pineapple Juice		INDIAN BUTTER CHICKEN Bombay Brown Rice Kachumber Salad (Indian Cucumber, Tomato & Onion) WGR White Wheat Bread Mandarin Oranges Grape Juice Milk		BEEF POT ROAST AU JUS w/Horseradish Cream Sauce on a WGR Roll Honey Roasted Beets Fresh Cole Slaw Orange Juice Milk		CREAMY CHICKEN CASSEROLE Yellow Rice Pilaf Seasoned Green Beans WGR White Wheat Bread Diced Peaches Apple Cranberry Juice Milk		CHEDDAR CHEESEBURGER on a WGR Roll Lettuce & Tomato Corn O'Brien Creamy Cucumber Salad Apple Juice Milk	
9.	838 cal	10.	781 cal	11.	626 cal	12.	694 cal	13.	(SL) Sign up by 2/6
ROASTED PORK LOIN w/Dijon Cream Sauce Garlic Mashed Potatoes Okra & Tomatoes WGR White Wheat Bread Fruit Cocktail Fruit Punch Chocolate Milk		ITALIAN SAUSAGE & CHEESE SUB w/Peppers & Onions WGR Roll Red Cabbage Slaw Fruited Yogurt Pineapple Juice		SPECIAL HOLIDAY LUNCHEON Sponsored by Hart Heritage Estates Assisted Living  Space is Limited Registration Required		SALISBURY STEAK w/Mushroom Gravy Herb Roasted Potatoes Seasoned Greens Amish Navy Bean Salad White Wheat Bread Apple Juice Milk		Valentine's Day Lunch ROAST EYE ROUND OF BEEF Mashed Potatoes w/Gravy Green Bean Casserole WGR Roll Cherry Pie w/whip topping Milk	1175 cal
16.		17.	652 cal	18.	638 cal	19.	806 cal	20.	574 cal
 ALL CENTERS CLOSED		SLICED HAM w/Raisin Sauce Au Gratin Potatoes Honey Maple Carrots WGR White Wheat Bread Pineapple Tidbits Fruit Punch Chocolate Milk		MARRY ME CHICKEN BREAST Lemon Rice Pilaf Seasoned Green Beans WGR White Wheat Bread Cinnamon Apple Slices Cranberry Apple Juice Milk		TUNA SALAD SANDWICH WGR White Wheat Bread Lettuce & Tomato Lentil & Spinach Soup w/Crackers Corn & Edamame Salad Applesauce Milk		POT ROAST OF BEEF w/Stroganoff Sauce Roasted Potatoes Seasoned Greens WGR White Wheat Bread Mandarin Oranges Grape Juice Milk	
23.	862 cal	24.	(SL) Sign up by 2/17	25.	(SL) Sign up by 2/18	26.	672 cal	27.	623 cal
CREAMY CHICKEN PICCATA WGR Brown Rice Buttered Carrots Grean Pea & Red Pepper Salad WGR White Wheat Bread Apple Juice Chocolate Milk		Boxed Lunch COLD GRILLED CHICKEN BREAST on a WGR Roll Baby Carrots Cheese Stick Fruit & Chips or Cookie Fruit Juice	850 cal	Anytime Meal HOT DOG on a WGR Roll Baked Beans Cole Slaw Diced Pears Milk	794 cal	CHICKEN BREAST w/Ranch Cream Sauce Yellow Rice Pilaf Peas & Carrots WGR White Wheat Bread Pineapple Tidbits Orange Juice Milk		MEATBALL & CHEESE SUB on a WGR Italian Roll Seasoned Green Beans Mandarin Oranges Fruit Juice Milk	
<b>MEAL RESERVATION PROCESS:</b> To order a meal for a particular day, add your name to the Lunch Sign-Up Sheet no later than 10:00 a.m. <b>TWO (2)</b> working days in advance. To order a meal designated as a "Special Lunch" (SL) (February 13, 24 & 25), you must sign up no later than 10:00 a.m. <b>FIVE (5)</b> working days in advance. If you missed the sign-up deadline, your name can be added to the lunch list as a "Standby" on the day of the lunch. Please see the front desk. Lunch is served at 12:00 p.m. in the dining room and includes an 8 oz. carton of milk. Lunch cost: Age 60 and over: <b>\$4.00</b> is the suggested donation. Under Age 60: there is a <b>\$7.00</b> charge for lunch. <i>Vegetarian lunch option is available; Please see the front desk for details and to sign up.</i>									
									



**BOB CASSILLY**  
Harford County Executive  
**Barbara W. Richardson**  
Director

**Harford County Housing & Community Services  
Office on Aging**

[www.harfordcountymd.gov/services](http://www.harfordcountymd.gov/services) | 410.638.3025